

### **Grokker Fitness 3-Month Service**

**Important Note:** After your 3 month trial, you will be enrolled in a membership for \$14.99 per month. **Please note that your credit card will be automatically billed if you do not cancel your trial or subscription before the trial period has expired.** To cancel, visit [Grokker.com](http://Grokker.com), sign in and click on Account Settings, then click Cancel Your Membership to confirm your cancellation.

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Feel happy and healthy every day with hundreds of online fitness, yoga, meditation and cooking high-definition videos at [Grokker.com](http://Grokker.com). Grokker is an online community and resource for busy people, like you, who want to make time for wellness. Whether you have an hour each day or just a few minutes to spend, you'll be a better you with [Grokker.com](http://Grokker.com). Sweat it out, de-stress or just relax with the perfect video lead by hand-picked, expert teachers and trainers.

Information Provided by Avanquest