

**FITNESS WRISTBANDS**
**HEART RATE + FITNESS WRISTBANDS**
**SMART FITNESS WATCHES**

**Flex 2**

**Alta**

**AltaHR**

**Charge 2**

**Blaze**

**Surge**

Steps, distance & calories burned	✓	✓	✓	✓	✓	✓
PurePulse® heart rate	—	—	✓	✓	✓	✓
Auto sleep tracking & alarms	✓	✓	✓	✓	✓	✓
Sleep stages (Light, Deep, REM)	—	—	✓	✓	✓	—
SmartTrack™ auto exercise recognition	✓	✓	✓	✓	✓	✓
Multi-sport tracking + Connected GPS	—	—	—	✓	✓	✓
On-screen workouts	—	—	—	—	✓	—
Cardio Fitness Level	—	—	—	✓	✓	—
Guided breathing sessions	—	—	—	✓	✓	—
Built-in GPS	—	—	—	—	—	✓
Run cues	—	—	—	—	—	✓
Swim-proof + counts laps	✓	—	—	—	—	—
Call & text alerts	✓	✓	✓	✓	✓	✓
Reminders to Move	✓	✓	✓	✓	✓	✓
LED progress display	✓	—	—	—	—	—
OLED display + clock	—	✓	✓	✓	—	—
Horizontal or vertical view	—	✓	✓	—	—	—
Music control	—	—	—	—	✓	✓
Touchscreen display + multiple clock faces	—	—	—	—	✓	✓
Accessory bands	—	✓	✓	✓	✓	—
Accessory bands, bangles & pendants	✓	—	—	—	—	—
Battery up to 5 days	✓	✓	✓	✓	✓	✓