

# NUTRITIONAL FACTS

THE PIONEER WOMAN



## 2-1.5 lbs. BBQ Pulled Pork

with Ree Drummond's BBQ Sauce, Caramelized Onions, & Southern Rub

<b>Nutrition Facts</b>	
Serving Size: 4 oz (113g)	
Servings per Container About 12	
<b>Amount Per Serving</b>	
<b>Calories</b> 190 <b>Calories from Fat</b> 70	
	<b>% Daily Value*</b>
<b>Total Fat</b> 7g	<b>11%</b>
<b>Saturated Fat</b> 2g	<b>10%</b>
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 490mg	<b>20%</b>
<b>Total Carbohydrate</b> 22g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 19g	
<b>Protein</b> 9g	
<b>Vitamin A</b> 4% • <b>Vitamin C</b> 0%	
<b>Calcium</b> 0% • <b>Iron</b> 2%	
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	
	<small>Calories    2,000    2,500</small>
<b>Total Fat</b>	<small>Less Than    65g    80g</small>
<b>Sat Fat</b>	<small>Less Than    20g    25g</small>
<b>Cholesterol</b>	<small>Less Than    300mg    300mg</small>
<b>Sodium</b>	<small>Less Than    2400mg    2400mg</small>
<b>Total Carbohydrate</b>	<small>300g    300g</small>
<b>Dietary Fiber</b>	<small>25g    30g</small>
<small>Calories per gram: Fat 9 . Carbohydrate 4 . Protein 4</small>	

**Ingredients:** Pork Shoulder, Ree Drummond's BBQ Sauce (High Fructose Corn Syrup, Tomato Paste, Water, Distilled Vinegar, Honey, Corn Syrup, Salt, Sugar, Molasses, Food Starch Modified, Natural Smoke Flavor, Concentrated Pineapple Juice, Garlic Powder, Caramel Color, Artificial Flavors, Brown Sugar, Hot Sauce (Aged Cayenne Pepper, Vinegar, Salt, Xanthan Gum), Dehydrated Onion, Dextrose, Dehydrated Garlic, Spice and Spice Extractives, Worcestershire Sauce (Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarins, Natural Flavor), Soybean Oil, Xanthan Gum, Sodium Benzoate (Preservatives), Spices, Paprika), **Caramelized Onions** (Fried onions (Onion, Sunflower Oil, Salt), **Ree Drummond's Southern Rub** (Sugar, Salt, Spices (Including Chili), Paprika, Dehydrated Onion and Garlic, Disodium Inosinate and Disodium Guanylate, Soybean Oil (As A Processing Aid), Natural Smoke Flavor, Celery Seed, Mustard Flour, Extractives of Paprika, Mustard Seed, Not More Than 2% Calcium Silicate Added To Prevent Caking).