

NUTRITIONAL FACTS

LAMBERTZ

2.2-lb German Gingerbread Assortment

Nutrition Facts	
servings per container	about 16
Serving size	3 cookies (31g)
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 4.0 g	5%
Saturated Fat 1.5 g	8,0%
Trans Fat 0g	
Cholesterol less than 5 mg	1%
Sodium 60 mg	3%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	4%
Total Sugars 12g	
Includes Added Sugars 12g	25%
Protein 2g	4%
Vitamin D 0µg	0%
Calcium 20 mg	2%
Iron 1.1 mg	6%
Potassium 80 mg	2%
*The Daily Value (DV) tells you how much a nutrient in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients:

Sugar, Wheat Flour, Glucose Fructose Syrup, Cocoa Mass, Hazelnuts, Cocoa Butter, Brown Sugar, Contains 2% or less of: Almonds, Candied Fruit Peel (Orange Peel, Glucose Fructose Syrup, Lemon Peel, Sugar), Honey, Persipan (Apricot Kernels, Sugar, Invert Sugar Syrup), Apple Pulp, Apricot Puree, Baking Wafers (Wheat Flour, Potato Starch), Apricots, Sorbitol, Glycerol, Invertase, Whole Milk, Figs, Spices, Candy Sugar, Marzipan (Almonds, Sugar, Invert Sugar Syrup), Invert Sugar, Sodium Bicarbonates, Potassium Carbonates, Ammonium Bicarbonates, Sodium Acid Pyrophosphate, Walnuts, Liquid Eggs, Whey, Fructose, Apple Extract, Potato Starch, Pure Butterfat, Caramel, Soya Lecithins, Sunflower Lecithins, Citric Acid, Non-fat Dry Milk, Milk Protein, Pectin, Whole Eggs, Cashew Kernels, Salt, Raisins, Natural Flavouring, Wheat Starch, Sunflower Oil, Sodium Citrates, Potassium Citrates, Egg Whites, Glucose Syrup, Gum Arabic, Agar-Agar, Dextrose, Wheat Semolina.

Contains Wheat, Tree Nuts (Hazelnuts, Almonds, Walnuts, Cashew Kernels), Milk, Egg, Soy.
May Contain Other Tree Nuts, Peanuts.