

Maggie & Mary's Pantry Pack Soup

Roadhouse Chili

Dehydrated Red Beans, Dehydrated Vegetables (Tomatoes, Onions, Chili Pepper, Green Bell Pepper, Garlic), Modified Corn Starch, Salt, Spices, Extractives of Paprika (added for color), Soybean Oil, Sugar, Xanthan Gum, Citric Acid, and Disodium Inosinate and Disodium Guanylate. **Contains: Soy**

ROADHOUSE CHILI

Nutrition Facts	
Serving Size 1/4 Cup (28g)	
1 cup Prepared	
Servings Per Container 6	
Amount Per Serving	
Calories 90	Calories from Fat 5
% Daily Value(DV)*	
Total Fat 0.5g	1%
Sodium 660mg	28%
Total Carbohydrate 17g	6%
Dietary Fiber 4g	17%
Sugars 3g	
Protein 4g	
Vitamin A 10% · Vitamin C 30%	
Iron 8%	
Not a significant source of saturated fat, trans fat, cholesterol, and calcium.	
* Percent Daily Values (DV) based on a 2,000 calorie diet.	

Maggie & Mary's Cheddar Broccoli Pantry Pack Soup

Nutrition Facts	
About 6 Servings Per Container	
Serving Size: 3 Tbsp dry (28g)	
1 Cup Prepared	
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Amount Per Serving	
Calories	120
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% Daily Value(DV)*	
Total Fat 7g	11%
Saturated Fat 3.5g	17%
<i>Trans Fat</i> 0g	
Cholesterol 10mg	3%
Sodium 730mg	30%
Total Carbohydrate 12g	4%
Dietary Fiber less than 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	
Protein 3g	6%
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Vitamin D 0%	• Calcium 2%
Iron 4%	• Potassium 0%
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<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Cheddar, Blue, Romano, & Parmesan Cheese Powders [(Pasteurized Milk, Salt, Extract of Annatto, Cultures, Enzymes), Whey, Soybean Oil, Buttermilk, Nonfat Milk, Sodium Phosphate, Salt, Butter (Cream), Natural Flavor, Citric Acid, Lactic Acid, Turmeric, Paprika Extract], Modified Corn Starch, Whey, Dried Vegetables (Broccoli and Onion), Canola Oil, Corn Syrup Solids, Maltodextrin, Sea Salt, Nonfat Milk, Tomato Powder, Yeast Extract, Xanthan Gum, Soy Sauce (Wheat, Soybeans, Salt), Dipotassium Phosphate, Mono and Diglycerides, Sodium Caseinate, Silicon Dioxide (to prevent caking), Spices, Dextrose. [Contains: Milk, Soy, Wheat]

Maggie & Mary's Pantry Pack Soup Chicken Noodle

Chicken Noodle Pantry Soup

CHICKEN NOODLE SOUP

Nutrition Facts	
Serving Size 1/4 Cup (27g)	
1 cup Prepared	
Servings Per Container 6	
Amount Per Serving	
Calories 100	Calories from Fat 20
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 960mg	40%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 3g	
Vitamin A 70% · Vitamin C 2%	
Calcium 2% · Iron 4%	
* Percent Daily Values (DV) based on a 2,000 calorie diet.	

Ditalini Noodles (Durham Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Maltodextrin, Modified Corn Starch, Salt, Dehydrated Cooked Chicken, Dextrose, Carrot, Cane Sugar, Hydrolyzed Corn Protein, Chicken Fat, Torula Yeast, Onion, Spices, Chicken Broth Powder, Yeast Extract, Natural Flavor, Corn Starch, Turmeric Extract, Gelatin (from Beef or Pork), Silicon Dioxide (to prevent caking), Soy Sauce (Water, Soybeans, Wheat, Salt), Turmeric.

Contains: wheat, soy