


NUTRITIONAL FACTS

MOUNTAIN VIEW MEATS

1 LB Sweet & Sticky BBQ Sausage Links

Nutrition Facts	
5 servings per container	
Serving size	1 link(3.2 oz/90 g)
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 760mg	33%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 2mg	10%
Potassium 231mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



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FULLY COOKED

KEEP REFRIGERATED

NET WT 16 OZ (1 LB)



Manufactured by:
Mountain View Meats
Stilwell, OK 74960

INGREDIENTS: Beef Hearts, Lean Pork, Pork Fat Trim, Water, Brownulated Sugar, Sugar, Salt, Non-Fat Dry Milk, Corn Syrup Solids, Natural Smoke Flavor, Spices, Paprika, Pepper, Dextrose, Onion, Chili Powder, Mustard, Hydrolyzed Vegetable Protein (soy), Celery, Potassium Chloride, Monosodium Glutamate, Tri-calcium Phosphate, Sodium Nitrite, Red 40.

NUTRITIONAL FACTS

MOUNTAIN VIEW MEATS

1 LB Polish Sausage Links



Polish SMOKED SAUSAGE

Nutrition Facts

Serving Size 1 Link (92g)
Servings Per Container 5

Amount Per Serving	
Calories 170	Calories from Fat 110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 4g	20
Trans Fat 0g	%
Cholesterol 75mg	25%
Sodium 770mg	32%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 15g	
Vitamin A 0% Vitamin C 2%	
Calcium 2% Iron 0%	

*Percent Daily Values are based on a diet of 2,000 calories.

Manufactured by:
Mountain View Meat Company
Stilwell, OK 74960

KEEP REFRIGERATED NET WT 16 OZ (1 LB) FULLY COOKED



Ingredients: Pork, Beef Hearts, Pork Fat Trim, Water, Salt, Nonfat Dry Milk, Garlic, Corn Syrup Solids, Black Pepper, Phosphate, Spices, Potassium Chloride, Sodium Chloride, Dextrose, Monosodium Glutamate, Silicon Dioxide, Sodium Nitrite, Red40.

NUTRITIONAL FACTS

MOUNTAIN VIEW MEATS

1 LB Roasted Garlic Sausage Links



ROASTED GARLIC SMOKED SAUSAGE

SMOKE FLAVOR ADDED

Nutrition Facts

Serving Size 1 link (3.2 oz/ 90 g)
Servings Per Container 5

Amount / Serving

Calories 230 **Calories from Fat 170**

% Daily Value*

Total Fat 19g **29%**

 Saturated Fat 6g **30%**

 Trans Fat 0g

Cholesterol 80mg **27%**

Sodium 780mg **33%**

Total Carbohydrate 1g **0%**

 Dietary Fiber 0g **0%**

 Sugars 0g

Protein 14g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Manufactured by:
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Stilwell, OK 74960

KEEP REFRIGERATED

NET WT 16 OZ (1 LB)

FULLY COOKED



U.S.
INSPECTED
AND PASSED BY
DEPARTMENT OF
AGRICULTURE
EST. 13430

Ingredients: Pork, Beef Hearts, Pork Fat Trim, Water, Salt, Nonfat Dry Milk, Garlic, Corn Syrup Solids, Black Pepper, Phosphate, Spices, Potassium Chloride, Sodium Chloride, Dextrose, Monosodium Glutamate, Silicon Dioxide, Sodium Nitrite, Red40.

NUTRITIONAL FACTS

MOUNTAIN VIEW MEATS

1 LB Mild Smoked Sausage Links

Nutrition Facts	
Serving Size 1 Link (3.2 oz / 90g)	
Servings Per Container 5	
Amount Per Serving	
Calories 230	Calories from Fat 160
% Daily Value*	
Total Fat 18g	28%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 830mg	35%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 15g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet.	
	
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FULLY COOKED

KEEP REFRIGERATED

NET WT 16 OZ (1 LB)



Manufactured by:
Mountain View Meats
Stilwell, OK 74960

Ingredients: Beef Hearts, Lean Pork, Pork Fat Trim, Water, Salt, Non Fat Dry Milk, Corn Syrup Solids, Natural Smoke Flavor, Spices, Sugar, Pepper, Dextrose, Hydrolyzed Vegetable Protein (Soy), Potassium Chloride, Monosodium glutamate, Tri-Calcium Phosphate, Sodium Nitrite, Red 40.