

# NUTRITIONAL FACTS

Sergio's Charcuterie

## Mixed Berry Salami

Pork, Salt, Natural Flavoring, Mixed Berry extract, cultured celery powder, sea salt, cultured celery juice powder, and less than 2% cracked silicone dioxide, dextrose, maltodextrin, yeast extract, potassium chloride salt, spices, starter culture.

**Nutrition Facts** Servings: 5, **Serv. size: 1 OZ (28g),**

Amount per serving: **Calories 90**, **Total Fat** 6g (8% DV), Sat. Fat 2.5g (13% DV),  
*Trans* Fat 0g, **Cholest.** 35mg (12% DV), **Sodium** 530mg (23% DV), **Total Carb.** <1g (0% DV),  
Fiber 0g (0% DV), Total Sugars 0g (Incl. 0g Added Sugars, 0% DV), **Protein** 9g, Vit. D 0.3mcg (0% DV),  
Calcium 10mg (0% DV), Iron 0.4mg (2% DV), Potas. 390mg (8% DV) Vit. A 0mcg (0% DV), Vit C 1mg (0% DV).

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### Salami Toscano

Pork, Salt, Natural Flavoring, cultured celery powder, dextrose, maltodextrin, yeast extract, potassium chloride salt, spices, sea salt, starter culture. Product is stuffed in natural or collagen casing.

<b>Nutrition Facts</b>	
5 Servings per Container	
<b>Serving Size</b>	<b>1 OZ (28g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>90</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 530mg	<b>23%</b>
<b>Total Carbohydrate</b> <1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 9g	
Vitamin D 0.3mcg	<b>0%</b>
Calcium 10mg	<b>0%</b>
Iron 0.4mg	<b>2%</b>
Potassium 390mg	<b>8%</b>
Vitamin A 0mcg	<b>0%</b>
Vitamin C 1mg	<b>0%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

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### White Cheddar Cheese

cultured pasteurized milk, water, salt, sodium phosphate, natural flavoring, sorbic acid (natural preservative), enzymes, contains: milk

<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size</b>	<b>1 Ounce (28g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>100</b>
% Daily Value*	
<b>Total Fat 8g</b>	<b>10%</b>
Saturated Fat 6g	<b>30%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol 25mg</b>	<b>8%</b>
<b>Sodium 360mg</b>	<b>16%</b>
<b>Total Carbohydrate 1g</b>	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein 6g</b>	<b>12%</b>
Vitamin D 0mcg	0%
Calcium 183mg	15%
Iron 0mg	0%
Potassium 23mg	0%
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## Fig Preserves

INGREDIENTS: Figs, cane sugar, pectin, citric acid and lemon juice concentrate.

<b>Nutrition Facts</b>	
servings per container	
<b>Serving size 1 Tbs (20g/0.7 oz)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>50</b>
<b>% Daily Value *</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 12g	
Includes 11g Added Sugars	<b>21%</b>
<b>Protein</b> 0g	
Vitamin D 0mcg	<b>0%</b>
Calcium 4mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 25mg	<b>0%</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.	
Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

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## Sergio's Charcuterie

### Apricot, Pistachio, & Brandy Artisan Crisps

Unbleached Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzyme), Cane Sugar, Pumpkin Seeds, Dried Apricots, Pistachios, Sesame Seeds, Buttermilk, Baking Powder, Sea Salt, Rosemary, Natural Flavors

**Contains:** wheat, milk, pistachios, sesame

<b>Nutrition Facts</b>	
5 servings per container	
<b>Serving size</b>	<b>1 oz (28g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>70</b>
<b>% Daily Value *</b>	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 12g	<b>5%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 6g	
Includes 4g Added Sugars	<b>8%</b>
<b>Protein</b> 2g	
Vit. D 0mcg 0%	• Calcium 50mg 4%
Iron 0.8mg 4%	• Potas. 80mg 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**INGREDIENTS:** Unbleached Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzyme), Cane Sugar, Dried Apricots, Pumpkin Seeds, Pistachio, Organic White Sesame Seed, Buttermilk, Baking Powder, Sea Salt, Baking Soda, Rosemary, Natural Flavors, Brandy

**CONTAINS:** MILK, PISTACHIOS, SESAME, WHEAT

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## Sergio's Charcuterie

### Pitted Green Lemon & Thyme Olives

Pitted Green Olives, Extra Virgin Olive Oil, salt, lemon, thyme, citric acid & lactic acid.

### Nutrition Facts

6 servings per container	
<b>Serving size</b>	<b>1/2 oz (14g)</b>
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<b>Amount per serving</b>	
<b>Calories</b>	<b>22</b>
<hr/>	
	<b>% Daily Value*</b>
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.4g	<b>2%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 187mg	<b>8%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0.5g	<b>2%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<hr/>	
<b>Protein</b> 0.5g	
<hr/>	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 2mg	0%

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## Nocciola Wafers

Vegetable oil of coconut, wheatmeal whey powder, sugar, dextrose, glucose, syrup, hazelnut, coco, potato flower, corn starch, skim milk powder, emulsifier, soya lecithin, salt, baking powder, sodium bicarbonate.

### **NUTRITION FACTS**

**Serving Size 1 package (45 g)**

Amount Per Serving: **Calories** 227,  
**Total Fat** 11,2 g (20% DV),  
**Saturated Fat** 8,6 g (53% DV),  
**Trans Fat** 0,5 g, **Cholesterol** 0 mg  
(0% DV), **Sodium** 28 mg (1% DV),  
**Total Carbohydrate** 26,5 g (9%  
DV), **Dietary Fiber** 1 g (5% DV),  
**Sugars** 13,5 g includes added  
sugars 12 g (20%), **Protein** 3 g,  
**Vitamin D** 0%, **Calcium** 0%, **Iron** 4 %,  
**Potassium** 0%. Percent Daily Values  
are based on a 2,000 calorie diet.