

Q612

RASTELLI'S™

EST. 1976

CHICKEN OSSO BUCO

Preparation Instructions

Keep frozen until ready to prepare. Defrost desired number of pieces under refrigeration until fully thawed.

Oven: Pre-heat oven to 375°F. Place chicken on oiled cooking tray, uncovered. Lightly coat drumsticks with cooking oil and season as desired. Cook for approximately 30-minutes or until the internal temperature reaches at least 165°F.

Air-Fryer: Pre-heat air fryer to 365°F. Lightly coat drumsticks with cooking oil and season as desired, place in air fryer basket. Cook for approximately 15 - 20 minutes or until the internal temperature reaches at least 165°F.

Stove Top: Heat cooking oil in a pan over medium-high heat. Season chicken as desired. Add chicken to pan and cook 7-10 minutes per side until golden brown and internal temperature reaches at least 165°F.



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Personal Butcher™

Dist. by Rastelli Foods Group | Swedesboro, NJ 08085

Keep Frozen - Do not refreeze.

PRODUCT OF USA

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Nutrition Facts

About 16 servings per container
Serving Size 3.5 oz (100g)

Amount per serving
Calories **160**

	% Daily Value*
Total Fat 9g	11%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 85mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 19g	
Vitamin D 0.1mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 210mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Safe Handling Instructions

This product was prepared from inspected and passed meat and/or poultry. Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.



Keep refrigerated or frozen. Thaw in refrigerator or microwave.



Cook thoroughly.



Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.



Keep hot foods hot. Refrigerate leftovers immediately or discard.

Ingredients: Chicken Drumstick.



NET WT: 5 LB (80 oz)