

# NUTRITIONAL FACTS

EGG HARBOR

## 3-4 oz. Lobster Tail

Ingredients: Lobster

<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size</b>	4 oz
<b>Amount per serving</b>	
<b>Calories</b>	<b>120</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 140mg	46%
<b>Sodium</b> 700mg	30%
<b>Total Carbohydrate</b> 0g	0%
Dietary Fiber less than 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 28g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 460mg	10%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Contains Shellfish (lobster)