

# NUTRITIONAL FACTS

## **Nutrition Facts** Servings: 1, Serv. size: 7.75 oz (220g),

Amount per serving: **Calories 370**, **Total Fat 8g** (10% DV), **Sat Fat 3.5g** (18% DV), **Trans Fat 0g**, **Cholest. 30mg** (10% DV), **Sodium 1870mg** (81% DV), **Total Carb. 56g** (20% DV) **Fiber 2g** (7% DV), **Total Sugars 6g** (Incl. <0g Added Sugars, 0% DV), **Protein 16g**, **Vit. D (0mcg 0% DV)**, **Calcium 160mg** (15% DV), **Iron 1.8mg** (10% DV), **Potas. 170mg** (4% DV)

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** CAVATAPPI PASTA: CAVATAPPI PASTA: WATER, ENRICHED DURUM SEMOLINA (DURUM SEMOLINA WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHEDDAR CHEESE SAUCE: [(MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY, BUTTERMILK, NATURAL FLAVOR, MALTODEXTRIN, SALT, DISODIUM PHOSPHATE], MALTODEXTRIN, MODIFIED CORN STARCH, SALT, NONFAT DRY MILK, NATURAL FLAVOR, ONION AND GARLIC POWDER, GUAR GUM, LACTIC ACID, EXTRACTIVES OF ANNATTO AND TURMERIC, AND SILICON DIOXIDE ADDED TO PREVENT CAKING, CHICKEN BITES: CHICKEN BREASTS WITH RIB MEAT, WATER, SEASONING (SALT, SPICE EXTRACTIVES, EXTRACTIVES OF GARLIC), MODIFIED FOOD STARCH, SODIUM PHOSPHATES. BATTERED WITH: WATER, BLEACHED WHEAT FLOUR, RICE FLOUR, MODIFIED CORN STARCH, YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), DEXTROSE, WHEAT FLOUR, TAPIOCA MALTODEXTRIN, CHICKEN FAT, XANTHAN GUM, NATURAL FLAVORS, EXTRACTIVES OF PAPRIKA, PROPYL GALLATE AND CITRIC ACID. BREADED WITH: BLEACHED WHEAT FLOUR, RICE FLOUR, MODIFIED CORN STARCH, SALT, YELLOW CORN FLOUR, SPICE, SUGAR, TAPIOCA MALTODEXTRIN, YEAST, CHICKEN FAT, NATURAL FLAVOR, DEXTROSE. BREADING IS SET IN VEGETABLE OIL., CAYENNE SAUCE: (AGED CAYENNE RED PEPPERS, DISTILLED VINEGAR, WATER, SALT AND GARLIC POWDER), CARROTS, BLUE CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, PENICILLIUM ROQUEFORTI), POWDERED CELLULOSE (TO PREVENT CAKING).

**ALLERGENS:** WHEAT, MILK

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