

# NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

## Peanut Butter Lovers

<b>Nutrition Facts</b>	
16 servings per container	
<b>Serving size</b>	<b>30 g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>150</b>
<b>% Daily Value *</b>	
<b>Total Fat</b> 10g	<b>12%</b>
Saturated Fat 3.5g	<b>18%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 15g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 11g	
Includes 5g Added Sugars	<b>11%</b>
<b>Protein</b> 3g	
Vitamin D 2.1mcg	<b>10%</b>
Calcium 20mg	<b>2%</b>
Iron 0.8mg	<b>4%</b>
Potassium 150mg	<b>4%</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**INGREDIENTS:** Peanut Butter Cups: (sugar, palm kernel oil, nonfat milk, partially defatted peanut flour, milk, cocoa processed with alkali, peanut butter (peanuts, salt, hydrogenated palm oil), hydrogenated palm oil, soy lecithin (an emulsifier), salt vanilla extract, TBHQ and citric acid added to protect freshness), Cashews: canola oil, salt, Raisins, Peanuts (canola oil, salt), Peanut Butter Drops: sugar, hydrogenated palm kernel oil, partially defatted peanut flour, nonfat milk powder, dry whey (milk), peanut butter (roasted peanuts, hydrogenated rapeseed and cottonseed oils), dextrose, salt, soy lecithin (an emulsifier), Cinnamon Praline Peanuts: Peanuts, sugar, salt, cinnamon, vanilla extract, (water propylene glycol, vanillin, caramel color 0.1% sodium benzoate [added as a preservative] phosphoric acid and ethyl vanillin)

**MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, MILK, SOY, WHEAT AND EGG PRODUCTS. MAY CONTAIN STEM, SHELL, PIT AND/OR SEED FRAGMENTS.**

**CONTAINS: CASHEWS, MILK, PEANUTS, SOY**

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## Caramel Walnut Fireside Blend

<b>Nutrition Facts</b>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	<b>Total Fat</b> 8g	<b>10%</b>	<b>Total Carbohydrate</b> 18g	<b>6%</b>
Saturated Fat 2.5g	13%	Dietary Fiber 1g	5%	
<i>Trans</i> Fat 0g		Total Sugars 15g		
Cholesterol 0mg	0%	Includes 11g Added Sugars	23%	
Sodium 75mg	3%	<b>Protein</b> 2g		
Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0.3mg 2% • Potassium 80mg 2%				

15 serving per container  
**Serving size**  
**30 g**  
**Calories 140**  
**per serving**

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cranberries: sugar, sunflower oil, cranberry juice from concentrate, Almonds: canola oil, salt, Glazed Walnuts: sugar, water, tapioca syrup, salt, canola oil, soy lecithin, rosemary extract., White Chocolate Chunks: sugar, palm kernel and palm oil, whey powder, nonfat dry milk solids, anhydrous dextrose, soy lecithin (an emulsifier), salt, and natural flavor, Caramel Sea Salt Drops: sugar, palm kernel and palm oil, whey powder, cocoa powder, salt, natural flavor, nonfat dry milk solids, anhydrous dextrose, soy lecithin (an emulsifier), and paprika extract (added for color)., Cultivated Blueberries: cane sugar, expeller pressed sunflower oil

Manufactured on equipment that also processes peanuts, tree nuts, milk, soy, wheat, egg, and sesame products. May contain stem, shell, pit and/or, seed fragments.

CONTAINS:Almonds, Walnuts, Milk, Soy, Sesame

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## Honey & Toffee Mix

<b>Nutrition Facts</b>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
17 servings per container <b>Serving size</b> <b>30 g</b>	<b>Total Fat</b> 11g	<b>15%</b>	<b>Total Carbohydrate</b> 13g	<b>5%</b>	
	Saturated Fat 3g	<b>14%</b>	Dietary Fiber 1g	<b>5%</b>	
<b>Calories</b> <b>160</b> <b>per serving</b>	<i>Trans</i> Fat 0g		Total Sugars 10g		
	<b>Cholesterol</b> 0mg	<b>0%</b>	Includes 6g Added Sugars	<b>15%</b>	
	<b>Sodium</b> 50mg	<b>2%</b>	<b>Protein</b> 4g		
Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0.9mg 6% • Potassium 150mg 4%					

INGREDIENTS: Honey Roasted Peanuts: Peanuts, sugar, honey, calcium stearate, peanut oil, tapioca, maltodextrin, xanthan gum. Yogurt Raisins: confectionary coating (sugar, hydrogenated palm kernel oil, nonfat milk powder, whey powder, yogurt powder [cultured whey, nonfat milk], titanium dioxide, lactic acid, soy lecithin, vanilla), raisins, corn syrup, Arabic gum, confectioner's glaze. Almonds: canola oil, salt, Butter Toffee Peanuts: sugar, peanuts, salted butter (sweet cream, salt), artificial flavor (vanilla powder), salt, soy lecithin (emulsifier). Cashews: canola oil, salt

Manufactured on equipment that also processes peanuts, tree nuts, milk, soy, wheat and egg products. May contain stem, shell, pit and/or seed fragments.

CONTAINS: Almonds, Cashews, Milk, Peanuts, Soy