

NUTRITIONAL FACTS

EGG HARBOR

5-6 oz. Lobster Tail

Ingredients: Lobster

Nutrition Facts	
6 servings per container	
Serving size	6oz/170g
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 140mg	46%
Sodium 700mg	30%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 28g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 460mg	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Contains Shellfish (lobster)

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3.5 oz. Garlic Herb Butter

Ingredients: Pasteurized Cream, Roasted Garlic (Garlic, Citric Acid), Parsley, Basil, Oregano, Chives, Onion Salt, Garlic Salt, Black Pepper.

Contains: Milk

Nutrition Facts	Serving Size 1 TBSP (14g), Servings Per Container 7, Amount Per Serving: Calories 90, Calories from Fat 80, Total Fat 9g (14% DV), Saturated Fat 5g (25% DV), Trans Fat 0g, Cholesterol 30mg (10% DV), Sodium 60mg (3% DV), Potassium 10mg (0% DV), Total Carbohydrate 1g (0% DV), Dietary Fiber 0g (0% DV), Sugars 0g, Protein 0g, Vitamin A (8% DV), Vitamin C (2% DV), Calcium (2% DV), Iron (2% DV), Vitamin D (0% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.
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