

NUTRITIONAL FACTS

NY RAVIOLI & PASTA CO

Jumbo Stuffed Lobster Ravioli

Nutrition Facts	
Serving Size 1 cup (125g)	
Servings Per Container 3	
Amount Per Serving	
Calories 230	Calories from Fat 40
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 300mg	13%
Total Carbohydrate 31g	10%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 15g	
Vitamin A 20%	• Vitamin C 2%
Calcium 10%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED DURUM FLOUR (DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LOBSTER, CRAWFISH, WATER, RICOTTA CHEESE (PASTEURIZED WHOLE MILK, WHEY, CREAM, VINEGAR, SALT, XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM), ONIONS, HEAVY CREAM, CARROTS, EGGS, ROMANO CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), MODIFIED CORN STARCH, DOUGH MIX (YELLOW CORN FLOUR, SOYBEAN OIL, BETA CAROTENE), SALT, SHERRY WINE, WHITE WINE, VEGETABLE OIL (SOYBEAN OIL AND OLIVE OIL), SPICES, GARLIC POWDER.

Contains Egg, Milk,
Lobster, Soy, Wheat.