

# NUTRITIONAL FACTS

MAMA MANCINI'S (MXXXXXX)

## MamaMancini's 4 20oz Three-Cheese Meatballs and Sauce + 1 1lb Traditional Italian Sauce

### Italian Style Sauce & Three Cheese Turkey Meatballs

**INGREDIENTS:** Sauce: Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Pepper, Bay Leaf, Basil. **Meatball:** Ground Turkey, Pecorino Romano Cheese (pasteurized sheep's milk, cheese culture, salt, enzymes), Parmesan Cheese, (pasteurized cow's milk, cheese cultures, salt, enzymes), Onion, Breadcrumbs (unbleached wheat flour, sugar, yeast, salt), Whole Eggs, Asiago Cheese (pasteurized cow's milk, cheese cultures, salt, enzymes), Parsley, Black Pepper, Salt.  
**CONTAINS:** Egg, Milk, Wheat.

#### Nutrition Facts

3 servings per container	
Serving Size 6 1/2 oz (184g)	
Amount Per Serving	
<b>Calories</b>	<b>110</b>
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 400mg	17%
Total Carbohydrate 6g	2%
Dietary Fiber <1g	3%
Total Sugars 3g	
Includes 0g Added Sugars	0%
<b>Protein</b> 12g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.7mg	4%
Potassium 240mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Italian Style Sauce & Three Cheese Beef Meatballs

**INGREDIENTS:** Sauce: Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Pepper, Bay Leaf, Basil. **Meatball:** Ground Beef, Pecorino Romano Cheese (pasteurized sheep's milk, cheese culture, salt, enzymes), Parmesan Cheese, (pasteurized cow's milk, cheese cultures, salt, enzymes), Onion, Breadcrumbs (unbleached wheat flour, sugar, yeast, salt), Whole Eggs, Asiago Cheese (pasteurized cow's milk, cheese cultures, salt, enzymes), Parsley, Black Pepper, Salt.  
**CONTAINS:** Egg, Milk, Wheat.

#### Nutrition Facts

3 servings per container	
Serving Size 6 1/2 oz (184g)	
Amount Per Serving	
<b>Calories</b>	<b>200</b>
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 5g	25%
Trans Fat 0.5g	
Cholesterol 50mg	17%
Sodium 510mg	22%
Total Carbohydrate 11g	4%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 0g Added Sugars	0%
<b>Protein</b> 12g	
Vitamin D 0mcg	0%
Calcium 140mg	10%
Iron 1.5mg	8%
Potassium 580mg	10%

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### Italian Style Sauce

**INGREDIENTS:** Sauce: Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Pepper, Bay Leaves, Basil.

#### Nutrition Facts

Servings Per Bag Approx. 4	
Serving Size 4 oz (113g)	
Amount Per Serving	
<b>Calories</b>	<b>29</b>
% Daily Value*	
Total Fat 0.2g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 7g	2%
Dietary Fiber 1.5g	6%
Total Sugars 4.3g	
Includes 0g Added Sugars	0%
<b>Protein</b> 1.3g	
Vitamin D 0mcg	0%
Calcium 15mg	1%
Iron 0.5mg	3%
Potassium 210mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Package Net Weight: 6.0 lbs.

### 3 Cheese Beef MB'S Gluten Free

**Ingredients - Sauce:** Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Black Pepper, Bay Leaf and Basil. **Meatballs:** Ground Beef, Grated Pecorino Romano Cheese (pasteurized sheep's milk, cheese culture, salt, enzymes), Onion, Whole Eggs, Asiago Cheese (pasteurized cow's milk, cheese cultures, salt, enzymes), Parmesan Shredded Cheese (pasteurized cow's milk, cheese cultures, salt, enzymes), Gluten Free Breadcrumbs (water, tapioca starch, potato starch, palm oil, yeast, cider vinegar, white rice flour, sea salt, sugar, xanthan gum), Parsley, Salt, Black Pepper.  
**Contains Egg, Milk**

#### Nutrition Facts

3 servings per container	
Serving size 6 1/2 oz (184g)	
Amount per serving	
<b>Calories</b>	<b>200</b>
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 5g	25%
Trans Fat 0.5g	
Cholesterol 50mg	17%
Sodium 510mg	22%
Total Carbohydrate 11g	4%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 0g Added Sugars	0%
<b>Protein</b> 12g	
Vitamin D 0mcg	0%
Calcium 140mg	10%
Iron 1.5mg	8%
Potassium 580mg	10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.