

NUTRITIONAL FACTS

CORKY'S BBQ



1 lbs. Competition Pulled Chicken with Corky's Savory Competition Rub and Honey BBQ Sauce

Nutrition Facts	
Serving Size: 5 oz (140g)	
Servings per Container About 3	
Amount Per Serving	
Calories 190 Calories from Fat 20	
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 720mg	30%
Total Carbohydrate 24g	8%
Dietary Fiber 0g	0%
Sugars 21g	
Protein 18g	
Vitamin A 6% • Vitamin C 0%	
Calcium 8% • Iron 4%	
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	
	<small>Calories 2,000 2,500</small>
Total Fat	<small>Less Than 65g 80g</small>
Sat Fat	<small>Less Than 20g 25g</small>
Cholesterol	<small>Less Than 300mg 300mg</small>
Sodium	<small>Less Than 2400mg 2400mg</small>
Total Carbohydrate	<small>300g 300g</small>
Dietary Fiber	<small>25g 30g</small>
<small>Calories per gram: Fat 9 . Carbohydrate 4 . Protein 4</small>	

Ingredients: Chicken (Skinless Marinated Chicken Breasts up to 12% Solution of Water, Sodium Phosphates, Salt), **Corky's Savory Competition Rub** (Salt, Dehydrated Onion, paprika (Color), Spices (Including Celery Seed), Dehydrated Garlic, Citric Acid, Not More Than 2% Silicon Dioxide Added To Prevent Caking) **Corky's Honey Bar-b-q Sauce** (High Fructose Corn Syrup, Tomato Paste, Water, Distilled Vinegar, Honey, Corn Syrup, Salt, Sugar, Molasses, Modified Food Starch, Pineapple Juice Concentrate, Natural Smoke Flavor, Garlic Powder, Artificial Flavor, Sodium Benzoate (Preservative), Spices).

NUTRITIONAL FACTS

CORKY'S BBQ



1 lbs. Competition Pulled Pork with Corky's Sweet Competition Rub and Honey BBQ Sauce

Nutrition Facts	
Serving Size: 5 oz (140g)	
Servings per Container About 3	
Amount Per Serving	
Calories 270 Calories from Fat 110	
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 470mg	20%
Total Carbohydrate 24g	8%
Dietary Fiber 0g	0%
Sugars 22g	
Protein 17g	
Vitamin A 4% • Vitamin C 0%	
Calcium 0% • Iron 4%	
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Sat Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2400mg 2400mg
Total Carbohydrate	300g 300g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 . Carbohydrate 4 . Protein 4	

Ingredients: Pork Shoulder, Sweet Competition Seasoning (Sugar, Salt, Spices(Including Chili), Paprika, Dehydrated Onion And Garlic, Disodium Inosinate And Disodium Guanylate, Soybean Oil (As A Processing Aid), Natural Smoke Flavor, Celery Seed, Mustard Flour, Extractives of Paprika, Mustard Seed, Not More Than 2% Calcium Silicate Added To Prevent Caking.) **Corky's Honey Bar-b-q Sauce** (High Fructose Corn Syrup, Tomato Paste, Water, Distilled Vinegar, Honey, Corn Syrup, Salt, Sugar, Molasses, Modified Food Starch, Pineapple Juice Concentrate, Natural Smoke Flavor, Garlic Powder, Artificial Flavor, Sodium Benzoate (Preservative), Spices).

NUTRITIONAL FACTS

CORKY'S BBQ



2-1 lbs. Competition Baby Back Half Slab Ribs

with Bourbon Peach Rub & Honey BBQ Sauce

Nutrition Facts			
Serving Size: 3 Ribs with sauce (140g) Servings per Container 4			
Amount Per Serving			
Calories 300 Calories from Fat 80			
% Daily Value*			
Total Fat 8g	12%		
Saturated Fat 3g	15%		
Trans Fat 0g			
Cholesterol 35mg	12%		
Sodium 820mg	34%		
Total Carbohydrate 47g	11%		
Dietary Fiber 0g	0%		
Sugars 43g			
Protein 10g			
Vitamin A 0% • Vitamin C 0%			
Calcium 4% • Iron 2%			
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>			
	<small>Calories</small>	<small>2,000</small>	<small>2,500</small>
<small>Total Fat</small>	<small>Less Than</small>	<small>65g</small>	<small>80g</small>
<small>Sat Fat</small>	<small>Less Than</small>	<small>20g</small>	<small>25g</small>
<small>Cholesterol</small>	<small>Less Than</small>	<small>300mg</small>	<small>300mg</small>
<small>Sodium</small>	<small>Less Than</small>	<small>2400mg</small>	<small>2400mg</small>
<small>Total Carbohydrate</small>		<small>300g</small>	<small>300g</small>
<small>Dietary Fiber</small>		<small>25g</small>	<small>30g</small>
<small>Calories per gram: Fat 9 . Carbohydrate 4 . Protein 4</small>			

INGREDIENTS: Pork Bar-B-Q Baby Back Ribs, Corky's Honey Bar-b-q Sauce (High Fructose Corn Syrup, Tomato Paste, Water, Distilled Vinegar, Honey, Corn Syrup, Salt, Sugar, Molasses, Modified Food Starch, Pineapple Juice Concentrate, Natural Smoke Flavor, Garlic Powder, Artificial Flavor, Sodium Benzoate(Preservative), Spices), **Corky's Bourbon Peach Competition Rub** (Sugar, Salt, Brown Sugar, Spices, Paprika, Dehydrated Garlic, Dehydrated Onion, Molasses, Natural Flavors (Including Extractives of Peach), Rice Bran Oil, Malic Acid, Caramel Color, Citric Acid, Vanilla Extract, Natural Smoke Flavor, Bourbon Whiskey, Not More Than 2% Calcium Silicate and Silicon Dioxide Added To Prevent Caking).