

NUTRITIONAL FACTS

MAGGIE AND MARY SOUPS

Mushroom Beef Pantry Soup

CREAMY MUSHROOM BEEF SOUP

Nutrition Facts

Servings Per Container 6

Serving Size 1/3 cup dry;
1 cup prepared

Amount Per Serving

Calories 130

% Daily Value(DV)*

Total Fat 8g **10%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 775mg **33%**

Total Carbohydrate 14g **5%**

Dietary Fiber 1g **2%**

Total Sugars 2g

Includes 0 Added Sugars **0%**

Protein 2g

Not a significant source of vitamin D, calcium,
iron, and potassium

The % Daily Value (DV) tells you how much a
nutrient in a serving of food contributes to a daily
diet. 2,000 calories a day is used for general
nutrition advice.

Modified Corn Starch, Maltodextrin, Palm Oil, Butter and Sweet Cream Powder, [Butter (Cream, Salt), and Nonfat Milk], Corn Syrup Solids, Beef Fat, Yeast Extract, Dehydrated Vegetables (Onion and Garlic), Hydrolyzed Wheat Protein, Sunflower Oil, Paprika, Beef Broth, Hydrolyzed Corn and Soy Protein, Soy Sauce (Wheat, Soybeans, Salt), Spices, Sodium Caseinate, Disodium Phosphate, Caramel Color, Natural Mushroom Flavor, Dipotassium Phosphate, Monoglycerides, Soybean Oil, Tapioca Dextrin, Annatto and Turmeric Extract.

Contains: Milk, Soy, Wheat.

NUTRITIONAL FACTS

MAGGIE AND MARY SOUPS

Wild Rice Pantry Soup

CLASSIC WILD RICE SOUP

| Nutrition Facts | |
|--|-----------------------------|
| Serving Size 1/4 Cup (29g) | |
| 1 cup Prepared | |
| Servings Per Container 6 | |
| Amount Per Serving | |
| Calories 120 | Calories from Fat 40 |
| % Daily Value(DV)* | |
| Total Fat 4.5g | 7% |
| Saturated Fat 2g | 9% |
| Cholesterol 10mg | 4% |
| Sodium 770mg | 32% |
| Total Carbohydrate 16g | 5% |
| Dietary Fiber less than 1g | 2% |
| Sugars 4g | |
| Protein 3g | |
| Vitamin A 10% · Vitamin C 4% | |
| Calcium 6% · Iron 2% | |
| Not a significant source of trans fat. | |
| * Percent Daily Values (DV) based on a 2,000 calorie diet. | |

Wild and White Rice, Modified Corn Starch, Nonfat Milk, Canola Oil, Corn Syrup Solids, Dehydrated Cooked Chicken Meat, Salt, Chicken Fat, Dehydrated Vegetables (Onions, Carrots, Celery, Red Bell Peppers, Parsley, and Garlic), Hydrolyzed Corn Protein, Dextrose, Sugar, Silicon Dioxide (to prevent caking), Dipotassium Phosphate, Mono & Diglycerides, Sodium Caseinate, Torula Yeast, Maltodextrin, Xanthan Gum, Yeast Extract, Disodium Phosphate, Natural Flavor, Turmeric Extract (color), and Spices.

Contains: Milk

NUTRITIONAL FACTS

MAGGIE AND MARY SOUPS

Chicken Noodle Pantry Soup

CHICKEN NOODLE SOUP

| Nutrition Facts | |
|--|----------------------|
| Serving Size 1/4 Cup (27g) | |
| 1 cup Prepared | |
| Servings Per Container 6 | |
| Amount Per Serving | |
| Calories 100 | Calories from Fat 20 |
| % Daily Value* | |
| Total Fat 2.5g | 4% |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | |
| Cholesterol 10mg | 3% |
| Sodium 960mg | 40% |
| Total Carbohydrate 16g | 5% |
| Dietary Fiber 1g | 4% |
| Sugars 4g | |
| Protein 3g | |
| Vitamin A 70% · Vitamin C 2% | |
| Calcium 2% · Iron 4% | |
| * Percent Daily Values (DV) based on a 2,000 calorie diet. | |

Ditalini Noodles (Durham Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Maltodextrin, Modified Corn Starch, Salt, Dehydrated Cooked Chicken, Dextrose, Carrot, Cane Sugar, Hydrolyzed Corn Protein, Chicken Fat, Torula Yeast, Onion, Spices, Chicken Broth Powder, Yeast Extract, Natural Flavor, Corn Starch, Turmeric Extract, Gelatin (from Beef or Pork), Silicon Dioxide (to prevent caking), Soy Sauce (Water, Soybeans, Wheat, Salt), Turmeric.

Contains: wheat, soy