

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

8 (10oz) Kansas City Strip Steaks

Nutrition Facts	
Serving size	1/2 Steak (140g)
Amount Per Serving	
Calories	320
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 9g	45%
<i>Trans</i> Fat 0g	
Cholesterol 95mg	32%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 28g	56%
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 2.7mg	15%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Mechanically Tenderized Beef

Grill until product reaches 145F as measured by a food thermometer, and hold the product at or above that temperature for 3 minutes.