

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

4 (10oz) Boneless Ribeyes

Nutrition Facts	
Serving size	(113g)
Amount Per Serving	
Calories	260
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 8g	40%
<i>Trans</i> Fat 1g	
Cholesterol 85mg	28%
Sodium 55mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 22g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Mechanically Tenderized Beef

Grill until product reaches 145F as measured by a food thermometer, and hold the product at or above that temperature for 3 minutes.