

# NUTRITIONAL FACTS

EGG HARBOR

(10) 5 oz. Halibut Filets

Ingredients: Halibut Fillet

Contains: Fish

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>5oz (142g)</b>
<b>Servings Per Container: 10</b>	
<b>Amount per serving % Daily Value*</b>	
<b>Calories</b>	<b>130</b>
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 70mg	<b>23%</b>
<b>Sodium</b> 95mg	<b>4%</b>
<b>Total Carb</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Incl 0g Added Sugars	<b>0%</b>
<b>Protein</b> 26g	
Vitamin D 35%	Calcium 0%
Iron 0%	• Potassium 15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

# NUTRITIONAL FACTS

EGG HARBOR

## 3.5 oz. Garlic Herb Butter

**Ingredients:** Pasteurized Cream, Roasted Garlic (Garlic, Citric Acid), Parsley, Basil, Oregano, Chives, Onion Salt, Garlic Salt, Black Pepper.

**Contains:** Milk

**Nutrition Facts** Serving Size 1 TBSP (14g), Servings Per Container 7,  
Amount Per Serving: **Calories** 90, Calories from Fat 80, **Total Fat** 9g (14%  
DV), Saturated Fat 5g (25% DV), Trans Fat 0g, **Cholesterol** 30mg (10% DV),  
**Sodium** 60mg (3% DV), **Potassium** 10mg (0% DV), **Total Carbohydrate** 1g  
(0% DV), Dietary Fiber 0g (0% DV), Sugars 0g, **Protein** 0g, Vitamin A (8%  
DV), Vitamin C (2% DV), Calcium (2% DV), Iron (2% DV), Vitamin D (0% DV).  
Percent Daily Values (DV) are based on a 2,000 calorie diet.