

Creamed Spinach Casserole (2 Lbs)

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Nutrition Facts	
About 4 servings per container	
Serving size	1 Cup(228g)
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 12g	60%
Trans Fat 0.5g	
Cholesterol 60mg	20%
Sodium 690mg	30%
Total Carbohydrate 24g	9%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 1mcg	6%
Calcium 412mg	30%
Iron 1mg	6%
Potassium 164mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: SPINACH, WHOLE MILK, SOUR CREAM (Cultured milk, cream, whey, modified corn starch, sodium phosphate, guar gum, carrageenan, carob bean gum and potassium sorbate (maintains freshness)), MOZZARELLA CHEESE (Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Anticake (potato starch, corn starch, powdered cellulose) and Natamycin (a natural mold inhibitor)), BUTTER (Cream, Salt), PANKO BREAD CRUMBS (Wheat Flour, Sugar, Salt, Dried Yeast, Caramel (Color), Calcium Propionate, Soybean Oil, and Turmeric Extract (Color)), PARMESAN CHEESE (Pasteurized Part Skim-Milk, Cheese Cultures, Salt, Enzymes, and Powdered Cellulose (Anti-caking Agent)), ENRICHED BLEACHED WHEAT FLOUR (Niacin, Iron [reduced], Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), MODIFIED CORN STARCH, SALT, BLACK PEPPER, GARLIC POWDER.

Contains Milk, Wheat.