

Sprout Creek Bakery

Nutrition Label

Molasses Ginger Cookie 4oz

Nutrition Facts

2 servings per container

Serving size
1/2 cookie (57g/2 oz)

Calories 240
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 11g	14%	Total Carbohydrate 31g	11%
Saturated Fat 6g	29%	Dietary Fiber 0g	0%
<i>Trans</i> Fat 0g		Total Sugars 17g	
Cholesterol 45mg	14%	Includes 9g Added Sugars	18%
Sodium 140mg	6%	Protein 4g	
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1.1mg 6% • Potassium 70mg 2%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Wheat Flour (wheat flour [Wheat], malted barley flour, niacin, iron (reduced), thiamine mononitrate, riboflavin, folic acid), Light Brown Sugar, Butter (cream [Milk], natural flavor), Liquid Whole Eggs (eggs [Egg], citric acid), Sugar, Shortening (palm oil and soy oil [Soy]), Molasses, Ground Ginger, Sodium Bicarbonate, Salt, Cinnamon

Contains: EGG, MILK, SOY, WHEAT