

NUTRITIONAL FACTS

RASTELLI

Seasoned Turkey Breast Roast in Cooking Bag, 5-5.5 Lbs.

Ingredients: Turkey Breast, up to 20% solution (water, salt, sugar, sodium phosphate). Rubbed with a Tuscan-Style seasoning: (spices, garlic, onion, tomato powder, salt, red bell pepper).

Nutrition Facts	
Serving Size: 4 oz. (112g)	
Servings Per Container: 20	
Amount Per Serving	
Calories 140	Calories from Fat 0
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Cholesterol 55mg	18%
Sodium 780mg	33%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 19g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	