

# NUTRITIONAL FACTS

LONOLIFE

## Beef Bone Broth

### NUTRITION FACTS

<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size</b>	
<b>1 stick pack (15g)</b>	
<hr/>	
Amount per serving	
<b>Calories</b>	<b>50</b>
<hr/>	
% Daily Value*	
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> less than 5mg	<b>2%</b>
<b>Sodium</b> 550mg	<b>23%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>20%</b>
<hr/>	
Not a significant source of vitamin D, calcium, iron, and potassium	

### Ingredients:

beef collagen, chicory root, beef, salt, yeast extract, natural flavors, spices

# NUTRITIONAL FACTS

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## Chicken Bone Broth

### NUTRITION FACTS

<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size</b>	
<b>1 stick pack (16g)</b>	
<hr/>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>50</b>
<hr/>	
	<b>% Daily Value*</b>
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 700mg	<b>29%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>20%</b>
<hr/>	
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	

### Ingredients:

Chicken bone broth, chicory root, yeast extract, salt, natural flavors, black pepper, sage, thyme

# NUTRITIONAL FACTS

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## Tomato Beef Bone Broth

### Nutrition Facts

4 servings per container

**Serving size**

**1 stick pack (15g)**

**Amount per serving**

**Calories 50**

**% Daily Value\***

**Total Fat** 1g **2%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** less than 5mg **2%**

**Sodium** 520mg **22%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 8g **0%**

Vitamin D 0mcg **0%**

Calcium 29mg **2%**

Iron 1mg **6%**

Potassium 300mg **6%**

Not a significant source of vitamin A, vitamin C, calcium, and iron

### INGREDIENTS

Collagen, tomato powder, dry beef, yeast extract, natural flavors, salt, beet juice powder, black pepper

# NUTRITIONAL FACTS

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## Mushroom Chicken Bone Broth

### Nutrition Facts

4 servings per container

**Serving Size** 1 stick (13g)

Amount Per Serving

**Calories** 40

% Daily Value\*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 620mg 27%

Total Carbohydrate 1g 0%

Dietary Fiber <1g 3%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 9g

Vitamin D 0µg 0%

Calcium 10mg 0%

Iron 1.2mg 6%

Potassium 240mg 6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



### MUSHROOM CHICKEN

You deserve more laughter, more fun, and more fungi. Our umami-licious blend of mushrooms and slow-simmered chicken broth are bound to delight.

### INGREDIENTS

chicken bone broth, natural flavors, yeast extract, powdered mushroom blend (portabella, lions mane, reishi, turkey tail), black pepper, thyme

### MANUFACTURED FOR LONOLIFE®

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