Cinnamon Crumb Cake

Nutrition Facts

3 servings per container
Serving size
1/3 square (61g/2.2 oz)

Calories per serving **290**

Amount per serving	% Daily Value *
Total Fat 14g	**18**%
Saturated Fat 3.5g	**19**%
Trans Fat 0g	
Cholesterol 30mg	**11**%
Sodium 220mg	**10**%

Amount per serving	% Daily Value *
Total Carbohydrate 37g	**13**%
Dietary Fiber 0g	**0**%
Total Sugars 22g	
Includes 11g Added Sugars	**23**%
Protein 3g	

Vitamin D 0.2mcg 2% • Calcium 30mg 2% • Iron 1.2mg 6% • Potassium 60mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cake (Sugar, Enriched Wheat Flour Bleached (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Food Starch-Modified, Soybean Oil, Contains 2% or less of: Defatted Soy Flour, Eggs, Leavening (baking soda, sodium aluminum phosphate), Mono- and Diglycerides, Natural and Artificial Flavor, Propylene Glycol Mono- and Diester of Fatty Acids, Salt, Sodium Stearol Lactylate, Vital Wheat Gluten, Whey), Brown Sugar, Liquid Whole Eggs (egg), Soybean Oil, Water, Unbleached, Enriched Wheat Flour (wheat flour (wheat), malted barley flour, niacin thiamine mononitrate, riboflavin, and folic acid), Enriched Cake Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Shortening (palm oil and soy oil), Buttery Blend: Vegetable Oil (canola, cottonseed and/or soybean oils (soy)), Palm and Palm Kernel Oils, Water, Milkfat, Mono- and Diglycerides (mono- and diglycerides, mixed tocophenols, ascorbic acid, citric acid (antioxidants)), Soy Lecithin (soy), Sodium Benzoate (preservative), Artificial Flavor, Vitamin A Palmitate, Beta Carotene (color), Cinnamon, Vanilla Flavoring (water, propylene glycol, flavor, vanillin, heliotropine crystals, sugar, benzo-dihydro-pyrone, caramel color), Cocoa Powder (processed with alkali), Salt

CONTAINS: EGG, MILK, SOY, WHEAT

NUTRITIONAL FACTS

EVERYTHING BAGEL

EVERYTHING BAGEL

Nutrition Facts

servings per container 24
Serving size 4oz **(100g)**

Calories per serving **250**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 0g	**0%**	**Total Carbohydrate** 51g	**19%**
Saturated Fat 0g	**0%**	Dietary Fiber 2g	**7%**
Trans Fat 0g		Total Sugars 5g	
Cholesterol 0mg	**0%**	Includes 5g Added Sugars	**10%**
Sodium 510mg	**22%**	**Protein** 8g	

Vitamin D 0mcg 0% • Calcium 19mg 2% • Iron 3mg 15%
Potassium 81mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (wheat flour, malted barley flour), water, sugar, contains less than 2% of each of the following: salt, sesame seeds, poppy seeds, dehydrated onion, dehydrated garlic, wheat flour, molasses, yeast, vinegar, cultured wheat starch, enzymes, malted barley flour, ascorbic acid added as a dough conditioner, corn protein, soybean oil.

CONTAINS: Wheat.

Made in a facility that uses milk, wheat

Net Weight 96oz / 6lbs.

NUTRITIONAL FACTS

PLAIN BAGEL

PLAIN BAGEL

Nutrition Facts

Serving size
1 Bagel 4oz (113g)

Calories per serving **280**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 0g	**0%**	**Total Carbohydrate** 57g	**21%**
Saturated Fat 0g	**0%**	Dietary Fiber 2g	**7%**
Trans Fat 0g		Total Sugars 6g	
Cholesterol 0mg	**0%**	Includes 6g Added Sugars	**12%**
Sodium 580mg	**25%**	**Protein** 9g	

Vitamin D 0mcg 0% • Calcium 16mg 2% • Iron 3mg 15%
Potassium 85mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (wheat flour, malted barley flour), water, sugar, contains less than 2% of each of the following: salt,wheat flour, molasses, yeast, vinegar, cultured wheat starch, enzymes, malted barley flour, ascorbic acid added as a dough conditioner, corn protein.

CONTAINS: Wheat.

Made in a facility that uses milk, wheat

Net Weight 6bs.

NUTRITIONAL FACTS

Jimmy The Baker

Crumb Cake

Sour Cream Chocolate Chip

Nutrition Facts

Serving Size ½ slice 3.25 oz/92g
Servings Per Pack: 2

Calories 5□5

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Amount/serving	□ DV□	**Amount/serving**	□ DV□
Total Fat 2□g	**39** □	**Total Carb.** □□g	**24** □
Sa□ □a□□□g	**55** □	□i□er □g	**5** □
Trans □a□□g		S□gars 53g	
Cholest. □□□ g	**23** □	**Protein** □g	
Sodium 3□□□ g	**16** □		

Vi□a□in □ □□ • Vi□a□in C □□ • Calci□□ □□ • Iron □□□

INGREDIENTS: Chocolate Chips, vanillin, Sugar, Whole egg, Flour, soybean oil,Sugar, Corn Starch,Water, Sour Cream, Pudding blend (sugar, modified corn starch, whey (milk), wheat gluten, salt, sodiumaluminum phosphate, soybean oil,sodium bicarbonateand 2% or less of each of the following: propylene glycol esters of fattyacids, mono- and diglycerides, diacetyl tartaricacid esters of mono-diglycerides (DATEM), artificial flavor), Cake blend (sugar,enriched wheat flour (wheat flour, niacin, reduced iron,thiamine mononitrate, riboflavin, folic acid), modified corn starch, yogurt powder (non-fat milk solids, lactic acid, cultures, natural and artificialflavors), salt, mono- and diglycerides, sodium bicarbonate,sodium aluminum phosphate, whey (milk), sodium stearoyl lactylate (ssl) and 2%or lessof each of the following: buttermilkpowder, xanthan gum, stabilizer blend (cellulose gum, guar gum, gum arabic,carrageenan,xanthan gum), sodium caseinate (milk), yellow corn flour, colors (turmeric, paprika), natural and artificial flavors),cocoa powder,Ground Cinnamon, Vanilla extract (water, sugar, caramel color, artificialflavor, citric acid, and sodium benzoate. CONTAINS WHEAT, MILKAND SOY