

NUTRITIONAL FACTS

PLENTIFUL PANTRY

Chili Fixins Pantry Soup

Nutrition Facts	
8 servings per container	
Serving size	1/8 package (14g)
Amount Per Serving	
Calories	45
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 710mg	31%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.3mg	8%
Potassium 80mg	2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: TOMATO POWDER, SALT, SPICES, CHILI PEPPER, DEHYDRATED ONION, DEHYDRATED GARLIC, CORN STARCH, PAPRIKA (FLAVOR & COLOR), GREEN BELL PEPPER, NATURAL FLAVOR, AND NO MORE THAN 2% SILICON DIOXIDE ADDED TO PREVENT CAKING.

NUTRITIONAL FACTS

PLENTIFUL PANTRY

Corn Bread

Nutrition Facts	
9 servings per container	
Serving size	1/9 package (45g)
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 290mg	13%
Total Carbohydrate 31g	11%
Dietary Fiber <1g	2%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 0.9mg	6%
Potassium 100mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Bleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Yellow Corn Flour, Yellow Corn Meal, Palm Oil, Nonfat Milk, Soybean Oil, Eggs, Corn Syrup Solids, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Salt, Mono- and Diglycerides, Corn Starch, Sodium Caseinate (a Milk Derivative), Dipotassium Phosphate, Propylene Glycol Mono- and Diesters of Fatty Acids, Glyceryl-lacto Esters of Fatty Acids.

Contains: Milk, Egg, Wheat, Soy.