

NUTRITIONAL FACTS

SWEET HERITAGE BY CARLA HALL

Buttermilk Biscuits

Nutrition Facts	
18 servings per container	
Serving size	1 biscuit (48g)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 320mg	14%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 1mg	6%
Potassium 31mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients:

Flour ((enriched wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid) leavening(sodium acid pyrophosphate, baking soda, monocalcium phosphate), salt), Buttermilk (Whole Milk, Natural Culture, Salt), Butter (Pasteurized Cream, Salt), and Cream Cheese (Pasteurized, milk and cream cheese culture, salt, guar gum, carob bean gum, xanthan gum).