

# NUTRITIONAL FACTS

CAVEMAN

## Dark Chocolate Caramel Cashew Nutrition Bar Minis 30 Pack

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>1 bar (18g)</b>
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Amount per serving	
<b>Calories</b>	<b>90</b>
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	<small>% Daily Value*</small>
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 35mg	<b>2%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 3g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 2g	
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Vitamin D 0mcg	0%
Calcium 13mg	1%
Iron 0.7mg	4%
Potassium 80mg	2%
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<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:** NUT AND SEED BLEND (CASHEWS, SUNFLOWER SEEDS, ALMONDS, PUMPKIN SEEDS, SESAME SEEDS, FLAX SEED, COCONUT), TAPIOCA SYRUP, DARK COCOA COATING (SUGAR, PALM KERNEL OIL\*, COCOA POWDER, SUNFLOWER LECITHIN), AGAVE SYRUP, SEA SALT, HONEY, NATURAL FLAVOR, UNSWEETENED CHOCOLATE.

**ALLERGENS:** CONTAINS ALMONDS, CASHEWS, COCONUT. PRODUCED IN A FACILITY THAT ALSO PROCESSES OTHER TREE NUTS, WHEAT, SOY, PEANUTS AND EGG.

*\*RESPONSIBLY SOURCED  
PALM KERNEL OIL*

# NUTRITIONAL FACTS

CAVEMAN

## Dark Chocolate Almond Coconut Nutrition Bar Minis 30 Pack

<b>Nutrition Facts</b>			
Serving Size 1 bar (18g)			
<b>Amount Per Serving</b>			
<b>Calories</b> 100	Calories from Fat 60		
<b>% Daily Value*</b>			
<b>Total Fat</b> 6g	<b>9%</b>		
Saturated Fat 2.5g	<b>13%</b>		
Trans Fat 0g			
<b>Cholesterol</b> 0mg	<b>0%</b>		
<b>Sodium</b> 15mg	<b>1%</b>		
<b>Total Carbohydrate</b> 8g	<b>3%</b>		
Dietary Fiber 1g	<b>4%</b>		
Sugars 2g			
<b>Protein</b> 2g	<b>4%</b>		
Vitamin A 0%	Vitamin C 0%		
Calcium 2%	Iron 4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** ALMONDS, SUNFLOWER SEEDS, ORGANIC TAPIOCA SYRUP, COCOA COATING (SUGAR, PALM KERNEL OIL\*, COCOA POWDER, SUNFLOWER LECITHIN, SALT), COCONUT, ORGANIC AGAVE SYRUP, SESAME SEEDS, HONEY, CASHEWS, NATURAL FLAVORS, SEA SALT.

**ALLERGENS:** CONTAINS ALMONDS, COCONUT, CASHEWS. PRODUCED IN A FACILITY THAT ALSO PROCESSES OTHER TREE NUTS, SOY, PEANUTS, MILK, EGG.\*RESPONSIBLY SOURCED PALM KERNEL OIL.

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