

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

1 (32oz) Mac & Cheese Casserole

Nutrition Facts	
Serving Size 1/2 Cup (113g)	
Servings Per Container About 8	
Amount Per Serving	
Calories 200	Calories from Fat 70
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 520mg	22%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 8g	
Vitamin A 10%	Vitamin C 0%
Calcium 15%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WATER, MACARONI PASTA (Semolina [Wheat], Egg Whites, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, and Folic Acid), PASTEURIZED PROCESS SHARP AMERICAN CHEESE (Cultured Milk, Water, Cream, Enzyme Modified Cheese, Sodium Phosphate, Salt, Lactic Acid, Sorbic Acid [preservative], Artificial Color, Enzymes), MODIFIED CORN STARCH, MARGARINE (Liquid and Partially Hydrogenated Soybean Oil, Water, Salt, Whey, Soybean Lecithin, Vegetable Mono and Diglycerides, Sodium Benzoate [preservative], colored with Beta Carotene, Artificially Flavored, Vitamin A Palmitate [added]), NON DAIRY CREAMER (Corn Syrup Solids, Sunflower Oil, Sodium Caseinate [a milk derivative], Dipotassium Phosphate, Lecithin, Sodium Silico Aluminate, Tocopherols [added to protect flavor], Artificial Flavor and Artificial Color), SALT, CHEESE BLEND POWDER (Cheese [Milk, Salt, Cultures & Enzymes], Blue Cheese [Milk, Salt, Cultures, & Enzymes], Corn Syrup Solids, Vegetable Oil, Maltrin, Buttermilk, Salt, Lactic Acid, Disodium Phosphate & Artificial Colors FD&C 5&6), NATURAL CHEESE FLAVOR (Maltodextrin, Whey Solids, Natural Cheddar Cheese Flavor, Salt, Disodium Phosphate), XANTHAN GUM, YELLOW FOOD COLOR (Water, Yellow 5, Citric Acid and Sodium Benzoate [preservative], Red 40), MUSTARD FLOUR, LACTIC ACID. CONTAINS: Egg, Milk, Soy, Wheat.

KEEP FROZEN

Net Weight 32 Ozs (2 Lbs) (908 g)