

THANK YOU FOR YOUR SUPPORT!

We've been making pretzels the same way since 2014 and we're excited to share them with you and your family. Your purchase supports a small, family-owned, bakery based right in the heart of "pretzel country" in York, Pennsylvania.

Every pretzel is twisted by real bakers, not by machines, and our simple recipe is crafted using old-world baking techniques. We hope you enjoy our product as much as we enjoyed making it.

Monster Sized Soft Pretzel

| Nutrition Facts | |
|-------------------------------|---------------------------|
| Varied servings per container | |
| Serving size | 1/2 Pretzel (135g) |
| Amount Per Serving | |
| Calories | 340 |
| % Daily Value* | |
| Total Fat 4.5g | 6% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 430mg | 19% |
| Total Carbohydrate 64g | 23% |
| Dietary Fiber 2g | 7% |
| Total Sugars 3g | |
| Includes 2g Added Sugars | 4% |
| Protein 10g | |
| Vitamin D 0mcg | 0% |
| Calcium 20mg | 2% |
| Iron 4.3mg | 25% |
| Potassium 120mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, DARK BROWN SUGAR (BROWN CANE SUGAR), LESS THAN 2% OF: SALT, CULTURED WHEAT STARCH, VINEGAR, ENZYMES, YEAST

CONTAINS: WHEAT

MANUFACTURED BY: THE PRETZEL COMPANY - 75 ABERDEEN ROAD YORK, PA 17406

Signature Soft Pretzel

| Nutrition Facts | |
|-------------------------------|-------------------------|
| Varied servings per container | |
| Serving size | 1 Pretzel (170g) |
| Amount Per Serving | |
| Calories | 430 |
| % Daily Value* | |
| Total Fat 6g | 8% |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 540mg | 23% |
| Total Carbohydrate 80g | 29% |
| Dietary Fiber 3g | 11% |
| Total Sugars 4g | |
| Includes 2g Added Sugars | 4% |
| Protein 12g | |
| Vitamin D 0mcg | 0% |
| Calcium 20mg | 2% |
| Iron 5.3mg | 30% |
| Potassium 150mg | 4% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, DARK BROWN SUGAR (BROWN CANE SUGAR), LESS THAN 2% OF: SALT, CULTURED WHEAT STARCH, VINEGAR, ENZYMES, YEAST

CONTAINS: WHEAT

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4.5oz Pretzel / Pretzel Braid

| Nutrition Facts | |
|-------------------------------|-------------------------|
| Varied servings per container | |
| Serving size | 1 Pretzel (117g) |
| Amount Per Serving | |
| Calories | 300 |
| % Daily Value* | |
| Total Fat 4g | 5% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 380mg | 17% |
| Total Carbohydrate 56g | 20% |
| Dietary Fiber 2g | 7% |
| Total Sugars 2g | |
| Includes 2g Added Sugars | 4% |
| Protein 9g | |
| Vitamin D 0mcg | 0% |
| Calcium 20mg | 2% |
| Iron 3.7mg | 20% |
| Potassium 110mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, LESS THAN 2% OF: DARK BROWN SUGAR (BROWN CANE SUGAR), SALT, CULTURED WHEAT STARCH, VINEGAR, ENZYMES, YEAST

CONTAINS: WHEAT

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Soft Pretzel Nuggets

| Nutrition Facts | |
|-------------------------------|-------------------------|
| Varied servings per container | |
| Serving size | 5 Nuggets (142g) |
| Amount Per Serving | |
| Calories | 360 |
| % Daily Value* | |
| Total Fat 5g | 6% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 450mg | 20% |
| Total Carbohydrate 67g | 24% |
| Dietary Fiber 2g | 7% |
| Total Sugars 3g | |
| Includes 2g Added Sugars | 4% |
| Protein 10g | |
| Vitamin D 0mcg | 0% |
| Calcium 20mg | 2% |
| Iron 4.5mg | 25% |
| Potassium 130mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, DARK BROWN SUGAR (BROWN CANE SUGAR), LESS THAN 2% OF: SALT, CULTURED WHEAT STARCH, VINEGAR, ENZYMES, YEAST

CONTAINS: WHEAT

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**KEEP PRETZELS FRESH
FREEZE ANY UNEATEN PRETZELS**



Born in York, PA - Est. 2014
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