

NUTRITIONAL FACTS

GRAHAM & ROLLINS

5 oz Classic Crab Cake

Nutrition Facts	
6 Servings per container	
Serving Size	1 Crab Cake
Amount per serving	
Calories 300	Calories from Fat 175
% Daily Value*	
Total Fat 20g	41%
Saturated Fat 4g	18%
Trans Fat 0g	
Cholesterol 175mg	58%
Sodium 416mg	31%
Total Carbohydrate 10g	3%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 25g	
Vitamin A 5%	+ Vitamin C 0%
Calcium 18%	+ Iron 13%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: BLUE CRABMEAT, SAUCE (Soybean Oil, Water, Distilled Vinegar, Salted Egg Yolks (Egg Yolks, Salt), SEAFOOD SEASONING (Salt, Spices, & Paprika), Mustard Seed, Whole Eggs, Sugar, Potassium Sorbate and Sodium Benzoate (Preservatives), Polysorbate 60, Xanthan Gum, Propylene Glycol Alginate, Disodium EDTA (Added to protect flavor)), CRACKERS (Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Sugar, Partially Hydrogenated Cottonseed Oil, Salt, Leavening (Calcium Phosphate and/or Baking Soda), High Fructose Corn Syrup, Soy Lecithin, Malted Barley Flour, Natural Flavor.)

ALLERGENS: CRUSTACEAN SHELLFISH (BLUE CRAB), SOY, EGG, AND WHEAT.

CAUTION: THIS PRODUCT MAY CONTAIN SHELL FRAGMENTS.

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