

NUTRITIONAL FACTS

OAK STOVE KITCHENS

Sweet Potato Au Gratin

Nutrition Facts	
8 servings per container	
Serving size	1 piece (85g)
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 6g	31%
<i>Trans</i> Fat 0g	
Cholesterol 35mg	12%
Sodium 330mg	14%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 110mg	8%
Iron 0.6mg	4%
Potassium 310mg	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: POTATOES (Potatoes, Dextrose, Disodium Pyrophosphate added to maintain color), Potassium Sorbate (added to maintain freshness), HEAVY CREAM (Cream, Milk, Carrageenan, Mono and Diglycerides, Polysorbate 80), SWEET POTATOES, GRUYERE TYPE CHEESE (Cow's Milk, Culture, Salt), QUICHE MIX (Cream Powder, Modified Corn Starch, Whey Powder, Egg White Powder, Whole Egg Powder, Salt, Turmeric Oleoresin, Extractives of Annatto and Natural Flavors), MODIFIED CORN STARCH, SALT, PARMESAN CHEESE (Pasteurized Part Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose Added to Prevent Caking, Natamycin (a Natural Mold Inhibitor), METHYLCELLULOSE, SPICES, GARLIC POWDER

NUTRITIONAL FACTS

OAK STOVE KITCHENS

Potato Au Gratin

Nutrition Facts	
8 servings per container	
Serving size	1 piece (118g)
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 13g	16%
Saturated Fat 8g	40%
<i>Trans Fat</i> 0g	
Cholesterol 45mg	15%
Sodium 410mg	18%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes <1g Added Sugars	2%
Protein 5g	
Vitamin D 0.1mcg	0%
Calcium 140mg	10%
Iron 0.9mg	4%
Potassium 450mg	10%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: POTATOES (Potatoes, Dextrose, Disodium Pyrophosphate added to maintain color), Potassium Sorbate (added to maintain freshness)), HEAVY CREAM (Cream, Milk, Carrageenan, Mono and Diglycerides, Polysorbate 80), GRUYERE TYPE CHEESE (Cow's Milk, Culture, Salt), CHEDDAR CHEESE (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Coloring, Potato Starch, Corn Starch, Dextrose, Calcium Sulfate), MODIFIED CORN STARCH, QUICHE MIX (Cream Powder, Modified Corn Starch, Whey Powder, Egg White Powder, Whole Egg Powder, Salt, Turmeric Oleoresin, Extractives of Annatto and Natural Flavors), SALT, METHYLCELLULOSE, SPICES, GARLIC POWDER

CONTAINS EGGS, MILK