

NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

Spicy Chili Wasabi

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 8g		10%	Total Carbohydrate 15g
Saturated Fat 1g		6%	Dietary Fiber 2g	6%
<i>Trans</i> Fat 0g			Total Sugars <1g	
Cholesterol 0mg		0%	Includes 0g Added Sugars	0%
Sodium 240mg		11%	Protein 4g	
Vitamin D 0.2mcg 2% • Calcium 30mg 2% • Iron 1.1mg 6% • Potassium 120mg 2%				

5 servings per container
Serving size
30 g

Calories 210
per serving

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Peanuts: canola oil, salt, Rice Crackers: glutinous rice, soy sauce (water, soybean, wheat), sugar, sesame see, seaweed, chili, Sesame Sticks Cajun: enriched wheat flour (unbleached wheat flour, malted barley, flour, niacin, iron (reduced iron), thiamine mononitrate, riboflavin, folic acid), soybean oil, sesame seeds, bulgur wheat, cajun seasoning (salt, spices (includes paprika for color), dehydrated onion, Torula yeast, green bell pepper, dehydrated garlic, cocoa powder (processed with alkali), paprika oleoresin (color)), salt, beet powder (color), turmeric (color), BBQ Corn: corn, palm oil, sweet barbeque flavoring, Wasabi Peas: green peas, modified corn starch, corn starch, sugar, sea salt, soybean oil, wasabi, FD&C Yellow #5 & Blue #1.

MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, MILK, SOY, WHEAT AND EGG PRODUCTS.
MAY CONTAIN STEM, SHELL, PIT AND/OR SEED FRAGMENTS.

CONTAINS: PEANUTS, WHEAT, SOY

NUTRITIONAL FACTS

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Crispy Corn & Cashew

Nutrition Facts

6 Servings Per Container

Serving size (3 TBSP) **30g**

Amount Per Serving

Calories **160**

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 1.5g **7%**

Trans Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 130mg **6%**

Total Carbohydrate 13g **5%**

Dietary Fiber 2g **7%**

Total Sugars 2g

includes <1g Added Sugar **2%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 40mg **4%**

Iron 1.1mg **6%**

Potassium 110mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Ingredients:

Honey Sesame Chips: enriched flour (unbleached wheat flour, malted barley, flour, niacin, iron (reduced iron), thiamine mononitrate, riboflavin, folic acid), soybean oil, sesame seeds, honey coating (sucrose, wheat starch, honey), bulgur wheat, tack blend (maltodextrin, xanthan gum) salt, turmeric (color), beet powder (color), **Toasted Corn:** corn, palm oil, salt, **Almonds:** canola oil, salt, **Cashews:** canola oil, salt, black pepper, garlic, onion, lemon peel, bell pepper, herbs, maltodextrin and zanthan gum.

CONTAINS: ALMONDS, PEANUTS, SOY, WHEAT

Manufactured on equipment that processes peanuts, tree nuts, milk, soy, wheat and egg products. May contain stems, shell, pit and/or seed fragments.

NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

Honey BBQ Crunch

Nutrition Facts	
18 servings per container	
Serving size	30 g
Amount per serving	
Calories	220
% Daily Value *	
Total Fat 9g	11%
Saturated Fat 1g	6%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	6%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 4g	
Vitamin D 0.3mcg	2%
Calcium 40mg	2%
Iron 1.6mg	8%
Potassium 100mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Honey Roasted Peanuts: Peanuts, sugar, honey, peanut oil, maltodextrin, potato starch, salt, xanthan gum, Honey Sesame Sticks: enriched wheat flour (unbleached wheat flour, malted barley, flour, niacin, iron (reduced iron), thiamine mononitrate, riboflavin, folic acid), soybean oil, sesame seeds, honey coating (sucrose, wheat starch, honey), bulgur wheat, tack blend (maltodextrin, xanthan gum), salt, turmeric (color), beet powder (color), Nacho Corn Sticks: yellow corn masa, soybean oil, nacho cheese seasoning (whey, salt, cheddar cheese [(cultured milk, salt, enzymes), whey, buttermilk, disodium phosphate], tomato powder, onion powder, spices, natural flavors, garlic powder, green bell pepper powder, extractives of annatto and turmeric, citric acid, lactic acid, dehydrated parsley, less than 2% of canola oil, and silicon dioxide as processing aids), BBQ Corn: corn, palm oil, sweet barbeque flavoring

MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, MILK, SOY, WHEAT AND EGG PRODUCTS. MAY CONTAIN STEM, SHELL, PIT AND/OR SEED FRAGMENTS. CONTAINS: MILK, PEANUTS, SOY, WHEAT