

Fichi Fig & Cranberry Bites

Nutrition Facts	
2 servings per container	
Serving size	2 Bites (50g)
Amount Per Serving	
Calories	170
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 29g	11%
Dietary Fiber 4g	14%
Total Sugars 22g	
Includes 3g Added Sugars	6%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 0.9mg	6%
Potassium 210mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: FIGS, DRIED CRANBERRIES (CRANBERRIES, CANE SUGAR, SUNFLOWER OIL AS PROCESSING AID), WALNUTS, CINNAMON

CONTAINS: WALNUT

Fichi Fig and Walnut Bites

Nutrition Facts

2 servings per container

Serving size 2 Bites (50g)

Amount Per Serving

Calories 170

% Daily Value*

Total Fat 8g 10%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 26g 9%

Dietary Fiber 5g 18%

Total Sugars 19g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 70mg 6%

Iron 1.1mg 6%

Potassium 260mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Figs, Walnuts

ALLERGENS: WALNUTS

Our bites are made from minimally processed, simple ingredients and may contain nut shells. Produced in a facility that processes Wheat, Dairy, Soy, Egg and Tree Nuts