

NUTRITIONAL FACTS

RIGHTRICE

Flavor: Cilantro Lime

Nutrition Facts

About 4 servings per container

Serving size 1/3 cup dry (50g)

Amount per serving

Calories 180

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 390mg **17%**

Total Carbohydrate 30g **11%**

Dietary Fiber 5g **18%**

Total Sugars <1g

Includes <1g Added Sugars **<1%**

Protein 10g **20%**

Vitamin D 0mcg 0% • Calcium 10mg 2%

Iron 3mg 15% • Potassium 450mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

lentil flour, chickpea flour, pea fiber, rice flour, sunflower oil, sea salt, sugar, vegetable powders (onion, green bell pepper, garlic, jalapeno pepper), citric acid, lime juice powder, parsley, spice, malic acid, oil of lime, spice extractives, oil of garlic, oil of onion

NUTRITIONAL FACTS

RIGHTRICE

Flavor: Mediterranean

Nutrition Facts	
About 4 servings per container	
Serving size 1/3 cup dry (50g)	
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Amount per serving	
Calories	160
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	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 32g	12%
Dietary Fiber 5g	18%
Total Sugars <1g	
Includes <1g Added Sugars	<1%
Protein 10g	20%
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Vitamin D 0mcg 0%	• Calcium 50mg 4%
Iron 2.6mg 15%	• Potassium 370mg 8%
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<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients:

lentil flour, chickpea flour, pea fiber, rice flour, salt, sunflower oil, dehydrated garlic and onion, sugar, parsley, dill weed, spices, natural flavors, lemon juice solids, citric acid, extra virgin olive oil, tartaric acid

NUTRITIONAL FACTS

RIGHTRICE

Flavor: Creamy Parmesan-Style Risotto

Nutrition Facts	
About 3.5 servings per container	
Serving size 1/3 cup dry (50g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 30g	11%
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 10g	20%
Vitamin D 0mcg 0% • Calcium 40mg 4%	
Iron 2.5mg 15% • Potassium 430mg 10%	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients:

lentil flour, chickpea flour, pea fiber, rice flour, sunflower oil, sea salt, dehydrated garlic and onion, sugar, parsley, natural flavors, spices, lactic acid, lemon juice powder

NUTRITIONAL FACTS

RIGHTRICE

Flavor: Roasted Garlic Risotto

Nutrition Facts	
About 3.5 servings per container	
Serving size 1/3 cup dry (50g)	
Approximately 3/4 cup cooked	
Amount per serving	
Calories	165
% Daily Value*	
Total Fat 2g	2%
Saturated Fat <1g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 31g	11%
Dietary Fiber 6g	24%
Total Sugars 1g	
Includes <1g Added Sugars	<1%
Protein 11g	17%
Vitamin D 0mcg 0% • Calcium 33mg 6%	
Iron 3mg 17% • Potassium 450mg 10%	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients:

lentil flour, chickpea flour, pea fiber, rice flour, sea salt, dehydrated garlic and onion, sunflower oil, sugar, molasses powder, chili pepper, citric acid, spices, extra virgin olive oil, tartaric acid, natural flavors