NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

1 (4-5lb) Applewood Smoked Boneless Carver Ham

Nutrition Facts	
Serving size	**3 oz (84g)**
Amount Per Serving	
Calories	**150**
	% Daily Value*
Total Fat 8g	**10%**
Saturated Fat 2.5g	**13%**
Trans Fat 0g	
Cholesterol 50mg	**17%**
Sodium 800mg	**35%**
Total Carbohydrate 1g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 1g	
Includes 0g Added Sugars	**0%**
Protein 16g	**32%**
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 0.72mg	4%
Potassium 0mg	0%
Vitamin A	0%
Vitamin C	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Ham, Water, Salt, Sodium, Lactate, Brown Sugar, Cane Sugar, Contains 2% or less of: Sodium Phosphate, Vinegar, Honey Powder (Cane Sugar, Honey), Ascorbic Acid, Sodium Nitrite.

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NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

1 (8oz) Honey Glaze

Nutrition Facts

35 servings per container

Serving size	**1 tsp (7g)**
Amount Per Serving	
Calories	**20**
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 6g	**2%**
Dietary Fiber 0g	**0%**
Total Sugars 6g	
Includes 0g Added Sugars	**0%**
Sugar Alcohol 0g	
Protein 0g	**0%**
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Sugar, Honey Granules (Refinery Syrup, Honey), Spices.

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

1 (32oz) Baked Potato Casserole

Nutrition Facts	
Serving size	**2/3 Cup (140g)**
Amount Per Serving	
Calories	**210**
	% Daily Value*
Total Fat 11g	**14%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Cholesterol 20mg	**7%**
Sodium 660mg	**29%**
Total Carbohydrate 22g	**8%**
Dietary Fiber 1g	**4%**
Total Sugars 2g	
Includes 0g Added Sugars	**0%**
Protein 5g	**10%**
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 1.08mg	6%
Potassium 376mg	8%
Vitamin A	0%
Vitamin C	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: POTATOES, WATER, SOUR CREAM (Cultured Milk, Cream, Whey, Modified Corn Starch, Sodium Phosphate, Guar Gum, Carrageenan, Carob Bean Gum and Potassium Sorbate [maintains freshness]), NON DAIRY CREAMER (Corn Syrup Solids, Sunflower Oil, Sodium Caseinate [a milk derivative], Dipotassium Phosphate, Lecithin, Sodium Silico Aluminate Tocopherols [to protect flavor], and Artificial Flavor), CHEDDAR CHEESE (Cultured Pasteurized Milk, Salt, Enzymes, Powdered Cellulose [added to prevent caking], Annatto [color], Natamycin [a natural mold inhibitor]), VEGETABLE OIL (100% Soybean Oil), BACON (Cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite. May also contain Dextrose, Flavoring, Honey, Dehydrated Pork Broth, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate), MODIFIED CORN STARCH, SALT, SPICE, GRANULATED GARLIC, CITRIC ACID, DEHYDRATED CHIVES.

CONTAINS: Milk

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THE KANSAS CITY STEAK COMPANY

1 (8oz) Honey Glaze

Nutrition Facts

35 servings per container

Serving size	**1 tsp (7g)**
Amount Per Serving	
Calories	**20**
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 6g	**2%**
Dietary Fiber 0g	**0%**
Total Sugars 6g	
Includes 0g Added Sugars	**0%**
Sugar Alcohol 0g	
Protein 0g	**0%**
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Sugar, Honey Granules (Refinery Syrup, Honey), Spices.