

NUTRITIONAL FACTS

HAPPY TO MEAT YOU

Breakfast Sausage: 2 oz.

Nutrition Facts	
Serving Size: 2 skillet cooked links (75g)	
Servings Per Container: 4	
Amount Per Serving	
Calories 280	Calories from Fat 225
% Daily Value*	
Total Fat 25g	38%
<i>Saturated Fat</i> 9g	45%
<i>Trans Fat</i> 0g	
Cholesterol 70mg	23%
Sodium 750mg	31%
Total Carbohydrate 1g	0%
Protein 13g	
Iron 6%	
Not a significant source of Dietary Fiber, Sugars, Vitamin A, Vitamin C and Calcium	
* Percent Daily Values are based on a 2,000 calorie diet.	