

NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

Summer Crunch

| Nutrition Facts | Amount per serving | % Daily Value * | Amount per serving | % Daily Value * |
|------------------------|---------------------|--|---------------------------|-------------------------------|
| | Total Fat 9g | | 12% | Total Carbohydrate 14g |
| Saturated Fat 1g | | 6% | Dietary Fiber 2g | 6% |
| <i>Trans Fat</i> 0g | | | Total Sugars 5g | |
| Cholesterol 0mg | | 0% | Includes <1g Added Sugars | 2% |
| Sodium 140mg | | 6% | Protein 4g | |
| Calories 150 | | Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 2.1mg 10% • Potassium 70mg 2% | | |

6 servings per container
Serving size 30 g
per serving

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Honey Sesame Chips: enriched wheat flour (unbleached wheat flour, malted barley, flour, niacin, iron (reduced iron), thiamine mononitrate, riboflavin, folic acid), soybean oil, sesame seeds, honey coating (sucrose, wheat starch, honey), bulgur wheat, tack blend (maltodextrin, xanthan gum), salt, turmeric (color), beet powder (color), Cinnamon Almonds: almonds, sugar, cinnamon, vanilla extract (water, propylene glycol, vanillin, caramel color, .1% sodium benzoate (added as a preservative), phosphoric acid and ethyl vanillin), Cinnamon Graham Chortles: whole wheat flour, bleached enriched flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid, sugar, sunflower oil, invert sugar, brown sugar, , cinnamon, soy lecithin, leavening (ammonium bicarbonate, sodium bicarbonate, monocalcium phosphate), salt, natural flavor, dextrose, egg whites, milk) Cashews: canola oil, salt

Manufactured on equipment that also processes peanuts, tree nuts, milk, soy, wheat and egg products. May contain stem, shell, pit and/or seed fragments.

CONTAINS: Cashews, Egg, Milk, Sesame, Soy, Wheat

NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

Backyard Gourmet

Nutrition Facts

6 Servings Per Container

Serving size (3 TBSP) 30g

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 9g **11%**

Saturated Fat .5g **4%**

Trans Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 70mg **3%**

Total Carbohydrate 14g **5%**

Dietary Fiber 2g **6%**

Total Sugars 8g

includes 2g Added Sugar **5%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 30mg **2%**

Iron .8mg **4%**

Potassium 110mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Ingredients:

Cinnamon Praline Peanuts: peanuts, sugar, salt, cinnamon, vanilla extract (water, propylene glycol, vanillin, caramel color, 0.1% sodium benzoate [added as a preservative] phosphoric acid, and ethyl vanillin, **Cherries:** sugar, sunflower oil, **Almonds:** canola oil, salt, **Peanuts:** canola oil, salt, **Pretzel Balls:** enriched wheat flour (wheat flour, niacin, reduced iron, thiamine, monitrate, riboflavin, folic acid), vegetable oil (may contain corn, canola or soybean oil), salt, corn syrup, sodium bicarbonate yeast.

Cherries may contain an occasional pit.

CONTAINS: ALMONDS, PEANUTS, SOY, WHEAT

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NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

Summer Wonderland

Nutrition Facts

8 Servings Per Container

Serving size (3 TBSP) 30g

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 1g **6%**

Trans Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 45mg **2%**

Total Carbohydrate 14g **5%**

Dietary Fiber 2g **7%**

Total Sugars 10g

includes 5g Added Sugar **9%**

Protein 3g

Vitamin D 0mcg **0%**

Calcium 30mg **2%**

Iron .7mg **4%**

Potassium 110mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Ingredients:

Cranberries: sugar, sunflower oil, cranberry juice from concentrate,

Almonds: canola oil, salt,

Cashews: canola oil, salt,

Macadamia nuts: salt,

Pecans: canola oil, salt,

Cherries: sugar, sunflower oil.

Cherries may contain an occasional pit.

CONTAINS: ALMONDS, CASHEWS, MACADAMIA NUTS, PECANS

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