

# NUTRITIONAL FACTS

CORKY'S BBQ



## Corky's 3 lbs. BBQ Seasoned Chicken Breast Lightly breaded & seasoned with Corky's Bourbon Rub

<b>Nutrition Facts</b>	
Serving Size: 1 Breast (113g) Servings per Container About 12	
<b>Amount Per Serving</b>	
Calories 230 Calories from Fat 80	
<b>% Daily Value*</b>	
Total Fat	9g 14%
Saturated Fat	1.5g 8%
Trans Fat	0g
Cholesterol	50mg 17%
Sodium	670mg 28%
Total Carbohydrate	11g 4%
Dietary Fiber	0g 0%
Sugars	2g
Protein	21g
Vitamin A	4% • Vitamin C 0%
Calcium	2% • Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Sat Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients: Breaded Chicken Breast** (Chicken Breast Fillets with Rib Meat Containing up to 15% of a Solution of Water, Seasoning (Monosodium Glutamate, Sugar, Salt, Spices, Mustard Flour, Paprika, Soybean Oil), and Sodium Phosphate. Breaded With: Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Monosodium Glutamate, Spices, Nonfat Dry Milk, Dried Whey, Paprika, Extractives of Turmeric. Battered and Pre-Dusted With: Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Whole Egg Solids, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Monosodium Glutamate, Nonfat Dry Milk, Soybean Oil, Dry Whey. Breading Set in Vegetable Oil.) **Bourbon Seasoning** (Spices (Including Celery Seed), Salt, Sugar, Yeast Extract, Dehydrated Garlic, Dehydrated Onion, Natural Flavors, Canola Oil (As A Processing Aid), Maltodextrin, Rice Bran Oil, Natural Smoke Flavor, Bourbon Whiskey, Not More Than 2% Silicon Dioxide Added To Prevent Caking.)

**CONTAINS: WHEAT, MILK, EGG**