

# NUTRITIONAL FACTS

## EVERYTHING BAGEL

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<b>Nutrition Facts</b>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	servings per container 24	<b>Total Fat</b> 0g	<b>0%</b>	<b>Total Carbohydrate</b> 51g
<b>Serving size</b> 4oz (100g)	Saturated Fat 0g	<b>0%</b>	Dietary Fiber 2g	<b>7%</b>
<b>Calories per serving</b> <b>250</b>	Trans Fat 0g		Total Sugars 5g	
	<b>Cholesterol</b> 0mg	<b>0%</b>	Includes 5g Added Sugars	<b>10%</b>
	<b>Sodium</b> 510mg	<b>22%</b>	<b>Protein</b> 8g	
	Vitamin D 0mcg 0% • Calcium 19mg 2% • Iron 3mg 15% Potassium 81mg 2%			
	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>			

INGREDIENTS: Flour (wheat flour, malted barley flour), water, sugar, contains less than 2% of each of the following: salt, sesame seeds, poppy seeds, dehydrated onion, dehydrated garlic, wheat flour, molasses, yeast, vinegar, cultured wheat starch, enzymes, malted barley flour, ascorbic acid added as a dough conditioner, corn protein, soybean oil.

CONTAINS: Wheat.

Made in a facility that uses milk, wheat

Net Weight 96oz / 6lbs.