

NUTRITIONAL FACTS

Nutrition Facts

varied servings per container

Serving size 10 oz (283g)

Amount per serving

Calories 270

% Daily Value*

Total Fat 6g 8%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 145mg 48%

Sodium 220mg 10%

Total Carbohydrate 7g 3%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 46g

Vitamin D 0mcg 0%

Calcium 23mg 2%

Iron 1mg 6%

Potassium 701mg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Wild Rice

Ingredients: Boneless Chicken Breast with Ribmeat, Breadcrumbs (enriched bleached wheat flour [niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid], vinegar, contain 2% or less or: soybean oil: soybean oil soybean oil shortening, sugar, salt, leavening, yeast, spice extractive, dough conditioners, yeast nutrients), white and wild rice, dried mushrooms-celery-bell peppers-onions-garlic, natural flavors, modified corn starch, hydrolyzed corn protein, salt, spices. Bread Crumbs Japanese Style (Bleached Wheat flour, yeast, sugar and salt). Celery. Onions. Water. Soy Bean Oil. Imported Romano Style: (Imported Romano (sheep's milk, cheese culture, salt, enzymes), water, milk protein, partially hydrogenated soybean oil, salt, whey, disodium phosphate, critic acid, guar gum, powdered cellulose and calcium propionate (preservative). Garlic. Salt. Poultry Seasoning (Salt, Sage, Thyme, Oregano, Salt, Pepper). Ground Celery. Black Peppers. Parsley, Chicken Flavor ((Salt, Dextrose, Corn Flour, Soy Bean Oil, Monosodium Glutamate, Hydrolyzed Corn Protein, Salt with Palm and/or Sunflower Oil Added, Onion Powder, Ground Turmeric, Garlic Powder). Garnished with Parsley and Paprika

CONTAINS ALLERGENS: WHEAT, SOY, MILK