

NUTRITIONAL FACTS

Nutrition Facts

varied servings per container

Serving size 10 oz (283g)

Amount per serving

Calories 450

% Daily Value*

Total Fat 20g 26%

Saturated Fat 6g 30%

Trans Fat 0g

Cholesterol 155mg 52%

Sodium 680mg 30%

Total Carbohydrate 15g 5%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 51g

Vitamin D 0mcg 0%

Calcium 162mg 10%

Iron 2mg 10%

Potassium 787mg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Broccoli & Cheddar

Ingredients: Boneless Chicken Breast with Ribmeat, Broccoli, Japanese Style Bread Crumbs (bleached wheat flour, dextrose yeast, salt), Vegetable Oil, Mozzarella Cheese (pasteurized cultured whole milk, salt, enzymes, anticaking agent (corn flour, potato starch, soybean oil, cheese cultures, sorbic acid, sodium caseinate, dextrose, natural flavors) used to prevent caking) Monterey Jack/ Cheddar Cheese Blend (Monterey Jack Cheese (pasteurized culture milk, salt enzymes) Cheddar Cheese (pasteurized culture milk, salt, enzymes, annatto coloring) anticaking agent (corn flour, potato starch, soybean oil, cheese cultures sorbic acid, sodium caseinate, dextrose natural flavors) used to prevent caking), Imported Romano Style: Imported Romano (sheep's milk, cheese culture, salt and enzymes), Water, Milk Protein, Palm Oil Blend, Salt, Disodium Phosphate, Citric Acid, Xanthan Gum, Powered Cellulose and Calcium Propionate (preservative), Salt, Fresh Garlic, Garlic Powder, Onion Powder, Black Pepper.

CONTAIN ALLERGENS: WHEAT, SOY, AND MILK PRODUCTS