

# NUTRITIONAL FACTS

COOPER CANDY COMPANY

## Cooper Candy Company Flavor: Pumpkin Seed Brittle

Pumpkin Seed Brittle 6oz.

Nutrition Facts	
Serving size: 1.4 oz 3-4 pcs (40G)	
Servings per container approx 5.7	
Amount per serving	
Calories 140	Calories from fat 50
	% Daily Value*
Total Fat 8g	8%
Saturated Fat 1g	5%
Trans Fat 1g	
Cholesterol 0mg	0%
Sodium 180mg	7%
Total Carbohydrates 21g	7%
Dietary Fiber 2g	8%
Sugars 18g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%
*Percent daily value are based on a 2000 calorie diet.	
WATER, BAKING SODA, AND SALT.	
MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS, NUTS, MILK PRODUCTS, SOY PROTEIN, AND SESAME SEEDS.	

Ingredients: Pumpkin Seeds, Sugar, Corn Syrup, Water, Baking Soda & Spices

# NUTRITIONAL FACTS

COOPER CANDY COMPANY

## Cooper Candy Company Flavor: Peanut Brittle

Peanut Brittle 6oz.

Nutrition Facts	
Serving size: 2oz. (57g)	
Servings per container about 3	
Amount per serving	
Calories 180	Calories from fat 80
	% Daily Value*
Total Fat 9g	14%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 33mg	5%
Total Carbohydrates 22g	7%
Dietary Fiber 2g	8%
Sugars 15g	
Protein 4g	
Vitamin A 0%	Vitamin C 0%
Calcium 1%	Iron 4%
*Percent daily value are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2000    2500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2400mg    2400mg
Total Carbohydrate	300g    375g
Fiber	25g    30g
Calories per gram	
Fat 9 - Carbohydrate 4 - Protein 4	

**Ingredients: Peanuts, sugar, corn syrup, water & baking soda.**