

# NUTRITIONAL FACTS

LE WAF

Flavor: Original

Insert nutritional information and ingredient images here

<b>Nutrition Facts</b>	
1 (3.5 oz) servings per container	
<b>Serving size</b>	<b>1 waffle (100g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>410</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 15g	<b>19%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 190mg	<b>8%</b>
<b>Total Carbohydrate</b> 62g	<b>23%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 28g	
Includes 27g Added Sugars	<b>54%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 2mg	10%
Potassium 153mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

## Ingredients:

**Enriched Bleached Wheat Flour** ([niacin, iron, thiamine mononitrate, riboflavin, folic acid], ascorbic acid, enzyme), **Sugar**, **Margarin** (soybean oil, hydrogenated soybean oil, water, mono and diglycerides, soy lecithin, sodium benzoate, artificial flavor, beta carotene, vitamin A palmitate), **Whole Milk**, **Eggs**, **Inverted Sugar**, **Yeast**, **Soy Lecithin**, **Salt**, **Flavoring**.