

NUTRITIONAL FACTS

GEOFFREY ZAKARIAN

Mild Italian Sausage

Nutrition Facts	
Serving Size 100g	
Servings per Container	
Amount Per Serving	
Calories 250	Calories from Fat 180
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 7g	35%
Cholesterol 65mg	22%
Sodium 660mg	29%
Total Carbohydrate 0	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 17g	
Vitamin D 0mcg	0%
Calcium 14mg	1%
Iron .84mg	5%
Potassium 230mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Pork, water, spices, salt, paprika, sugar, hydrolyzed corn protein, monosodium glutamate, dextrose, spice extractives (including extractives of celery seed), turmeric.

NUTRITIONAL FACTS

GEOFFREY ZAKARIAN

Hot Italian Sausage

Nutrition Facts	
Serving Size 100g	
Servings per Container	
Amount Per Serving	
Calories 250	Calories from Fat 180
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 7g	35%
Cholesterol 65mg	22%
Sodium 660mg	29%
Total Carbohydrate 0	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 17g	
Vitamin D 0mcg	0%
Calcium 14mg	1%
Iron .84mg	5%
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Ingredients:

Pork, water, spices, salt, paprika, sugar, hydrolyzed corn protein, monosodium glutamate, dextrose, spice extractives (including extractives of celery seed), turmeric.

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