

# NUTRITIONAL FACTS

JANE FOODIE

Flavor

## Grilled Peppers Stuffed with Tomato Risotto

<b>Nutrition Facts</b>	
6 servings per container	
<b>Serving size 1 pepper (142g)</b>	
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>160</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1.5g	<b>8%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> <5mg	<b>1%</b>
<b>Sodium</b> 330mg	<b>14%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 6g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 1.6mg	8%
Potassium 6740mg	140%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: VEGETABLE STOCK (VEGETABLE STOCK (ONION, CELERY, CARROT, MUSHROOM, RED PEPPER), TOMATO PASTE), RED PEPPERS, WHITE RICE, CRUSHED TOMATOES, WHITE WINE, PARMESAN, ONIONS, OLIVE OIL, SUN DRIED TOMATOES, TOMATO PASTE, GARLIC, SODIUM, BASIL

CONTAINS: MILK

JANE FOODIE LLC  
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YONKERS, NY 10701

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CARROT, MUSHROOM, RED PEPPER),  
TOMATO PASTE), RED PEPPERS, WHITE  
RICE, CRUSHED TOMATOES, WHITE WINE,  
PARMESAN, ONIONS, OLIVE OIL, SUN DRIED  
TOMATOES, TOMATO PASTE, GARLIC,  
SODIUM, BASIL