

# NUTRITIONAL FACTS

## Nutrition Facts

varied servings per container

**Serving size** 10 oz (283g)

**Amount per serving**

**Calories** 450

% Daily Value\*

**Total Fat** 20g 26%

Saturated Fat 6g 30%

*Trans* Fat 0g

**Cholesterol** 155mg 52%

**Sodium** 680mg 30%

**Total Carbohydrate** 15g 5%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 51g

Vitamin D 0mcg 0%

Calcium 162mg 10%

Iron 2mg 10%

Potassium 787mg 15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **Broccoli & Cheddar**

**Ingredients:** Boneless Chicken Breast with Ribmeat, Broccoli, Japanese Style Bread Crumbs (bleached wheat flour, dextrose yeast, salt), Vegetable Oil, Mozzarella Cheese (pasteurized cultured whole milk, salt, enzymes, anticaking agent (corn flour, potato starch, soybean oil, cheese cultures, sorbic acid, sodium caseinate, dextrose, natural flavors) used to prevent caking) Monterey Jack/ Cheddar Cheese Blend (Monterey Jack Cheese (pasteurized culture milk, salt enzymes) Cheddar Cheese (pasteurized culture milk, salt, enzymes, annatto coloring) anticaking agent (corn flour, potato starch, soybean oil, cheese cultures sorbic acid, sodium caseinate, dextrose natural flavors) used to prevent caking), Imported Romano Style: Imported Romano (sheep's milk, cheese culture, salt and enzymes), Water, Milk Protein, Palm Oil Blend, Salt, Disodium Phosphate, Citric Acid, Xanthan Gum, Powered Cellulose and Calcium Propionate (preservative), Salt, Fresh Garlic, Garlic Powder, Onion Powder, Black Pepper.

CONTAIN ALLERGENS: WHEAT, SOY, AND MILK PRODUCTS

# NUTRITIONAL FACTS

## Nutrition Facts

varied servings per container

**Serving size** 10 oz (283g)

**Amount per serving**

**Calories** 480

**% Daily Value\***

**Total Fat** 17g 22%

Saturated Fat 6g 30%

*Trans* Fat 0g

**Cholesterol** 165mg 55%

**Sodium** 730mg 32%

**Total Carbohydrate** 24g 9%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

**Protein** 54g

Vitamin D 0mcg 0%

Calcium 115mg 8%

Iron 2mg 10%

Potassium 749mg 15%

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### **Bacon & Cheddar**

**Ingredients:** Boneless Chicken Breast with Rib Meat, Bacon & Cheddar Stuffing: [Japanese Bread Crumbs (bleached wheat flour, dextrose, yeast, salt), Diced Celery, Diced Onion, Bacon Bits Cured with: water, salt, sodium phosphates, sodium erythorbate, sodium nitrate, may contain, sugar, dextrose, brown sugar, smoke flavoring, potassium chloride, seasoning, flavoring, may contain salt, dextrose or corn syrup), Cheddar Cheese, (Pasteurized milk, cheese cultures, salt, enzymes, annatto vegetable color, potato starch, corn starch, cellulose), Vegetable Oil, Imported Romano Style: Imported Romano (sheep's milk, cheese culture, salt, enzymes), Water, Milk Protein, Palm Oil Blend, Salt, Disodium Phosphate, Citric Acid, Xanthan Gum, Powdered Cellulose and Calcium Propionate (preservative), Water, Chopped Garlic, Poultry Seasoning (thyme, sage, marjoram, rosemary, black pepper, nutmeg) Celery Seed, Chicken Flavor (salt, dextrose, corn flour, soybean oil, monosodium glutamate, hydrolyzed soy protein, onion powder, ground turmeric and garlic powder), Pepper, Salt, and Parsley]

**CONTAINS ALLERGENS: WHEAT, MILK, SOY**

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varied servings per container

**Serving size** 10 oz (283g)

**Amount per serving**

**Calories** 450

**% Daily Value\***

**Total Fat** 21g 27%

Saturated Fat 6g 30%

*Trans* Fat 0g

**Cholesterol** 160mg 53%

**Sodium** 750mg 33%

**Total Carbohydrate** 11g 4%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 52g

Vitamin D 0mcg 0%

Calcium 219mg 15%

Iron 2mg 10%

Potassium 818mg 15%

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### Florentine

**Ingredients:** Boneless Chicken Breast with Rib Meat, Spinach, Japanese Style Bread Crumbs (bleached wheat flour, dextrose yeast ,salt), Vegetable Oil, Mozzarella Cheese {pasteurized cultured whole milk, salt, enzymes, anticaking agent (corn flour, potato starch, soybean oil, cheese cultures, sorbic acid, sodium caseinate, dextrose, natural flavors) used to prevent caking} Monterey Jack/ Cheddar Cheese Blend (Monterey Jack Cheese (pasteurized culture milk, salt enzymes) Cheddar Cheese (pasteurized culture milk, salt, enzymes, annatto coloring) anticaking agent (corn flour, potato starch, soybean oil, cheese cultures sorbic acid, sodium caseinate, dextrose natural flavors) used to prevent caking}, Imported Romano Style: Imported Romano (sheep's milk, cheese culture, salt and enzymes), Water, Milk Protein, Palm Oil Blend, Salt, Disodium Phosphate, Citric Acid, Xanthan Gum, Powdered Cellulose Calcium Propionate (preservative), Salt, Fresh Garlic, Garlic Powder, Onion Powder, Black Pepper. Garnished with Parsley

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