

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

8 (5oz) Cheddar & Bacon Twice Baked Potatoes

Nutrition Facts	
Serving size	1 Potato
Amount Per Serving	
Calories	220
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 390mg	17%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 104mg	8%
Iron 0.72mg	4%
Potassium 470mg	10%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Potato, Sour Cream (Cultured Cream, Grade A Whey, Modified Food Starch, Sodium Phosphate, Guar Gum, Carrageenan, Calcium Sulfate, Potassium Sorbate (Preservative), Locus Bean Gum), Cheddar Cheese (Cultured Milk, Salt, Enzymes, and Annatto (Color)), Water, Butter (Cream, Salt), Margarine (Partially Hydrogenated Soybean Oil, Water, Salt, Lecithin, Mono and Diglycerides, Sodium Benzoate (Preservative), Citric Acid and Beta Carotene (Color)), Bacon (Pork, Water, Salt, Smoke Flavoring, Sodium Nitrite), Salt, Xanthan Gum, Onion Powder, Dried Chives, White Pepper

Contains: Milk and Soy

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1 (30oz) Tray Creamed Spinach

Nutrition Facts	
Serving size	1/2 Cup (110g)
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 15g	19%
Saturated Fat 9g	45%
<i>Trans</i> Fat 0g	
Cholesterol 45mg	15%
Sodium 300mg	13%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	10%
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 1.08mg	6%
Potassium 94mg	2%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Spinach, Half and Half (Milk, Cream), Unsalted Butter (Cream), Yellow Onion, Rice Flour, Asiago Cheese (Milk, Cheese Cultures, Salt, Enzymes), Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), Mozzarella Cheese (Pasteurized Part-Skim Milk, Cheese Cultures Salt, Rennet, Natamycin), Panko Breadcrumbs (Unbleached Wheat Flour, Evaporated Cane Juice, Yeast, Sea Salt), Salt, Nutmeg, Black Pepper, Cayenne Pepper

Contains: Milk, Wheat