

# NUTRITIONAL FACTS

GROARK BOYS BBQ

## (2) 2lb. Bone-In Pork Baby Back Ribs in Sauce

<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size</b>	<b>4 oz. (113g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>280</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 530mg	<b>23%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 10g	
Includes 9g Added Sugars	<b>18%</b>
<b>Protein</b> 31g	
Vitamin D 0.9mcg	4%
Calcium 70mg	6%
Iron 1.2mg	6%
Potassium 1450mg	30%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: PORK, BABY BACK RIB, COOKED, RIB RUB (DEHYDRATED GARLIC, PAPRIKA, SPICES, SUGAR, BLACK PEPPER, MUSTARD, CORIANDER, CHIPOTLE PEPPER, NATURAL FLAVORS, CALCIUM STEARATE (ADDED TO PREVENT CAKING.), BROWN SUGAR, POTATO STARCH, SALT, NATURAL SMOKE), ORIGINAL BBQ SAUCE (TOMATO CONCENTRATE, TOMATO PASTE, DISTILLED WHITE VINEGAR, HIGH FRUCTOSE CORN SYRUP, BROWN SUGAR, (WATER, DISTILLED VINEGAR, SOY SAUCE, (WATER, SALT, HYDROLIZED SOY PROTEIN, CORN SYRUP, CARMEL COLOR, POTASSIUM SORBATE, (PRESERVATIVE)), SUGAR, CORN SYRUP, TAMRIND EXTRACT, CARMEL COLOR, SPICE, SALT, GARLIC, ONION, CITRIC ACID, XANTHAN GUM, NATURAL FLAVORS, POTASSIUM SORBATE (PRESERVATIVE)), PAPRIKA, NATURAL SMOKE, MUSTARD)

CONTAINS: SOY

RESEARCH & DEVELOPMENT

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## 1 lb. Smoked Beef Brisket – Fully Cooked

**Ingredients:** Beef Brisket, Water, Salt, Evaporated Cane Juice, Hydrolyzed Soy Protein, Sodium Phosphate. Seasoning (Salt, Dextrose, Sugar, Flavorings (Garlic Powder, Onion Powder, Spice), Hydrolyzed Corn Protein, Caramel Color, Silicon Dioxide, (Prevents Caking)), Natural Flavor.

Contains: SOY

<b>Nutrition Facts</b>	
About 4 servings per container	
<b>Serving size</b>	<b>4 oz. (113g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>220</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 60mg	<b>20%</b>
<b>Sodium</b> 960mg	<b>42%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 16g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.5mg	8%
Potassium 250mg	6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	