

NUTRITIONAL FACTS

ANDERSON SEAFOODS

(5) 16 oz. Wild Pollock Fritters

Nutrition Facts	
4 Servings per bag	
Serving Size	5 pieces
Amount Per Serving	
Calories	170
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 0.5g	4%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 510mg	22%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	3%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.1mg	6%
Potassium 150mg	4%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: ALASKA POLLOCK, WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CANOLA, COTTONSEED, AND/OR SOYBEAN), CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, YEAS EXTRACT, NATURAL FLAVORS, SOY FLOUR, ONION POWDER, WHEY, SALT, LEAVENING SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SPICES, AUTOLYZED YEAST EXTRACT, GARLIC POWDER, SUGAR, PAPRIKA EXTRACT (COLOR). CONTAINS: FISH (POLLOCK), WHEAT, SOY, MILK

Allergen: Pollock & Wheat