

NUTRITIONAL FACTS

MAMA MANCINI'S (M90127)

MamaMancini's All Natural Italian Style Sauce and 3-Cheese Meatballs and Bolognese Sauce

BEEF MEATBALL

Nutrition Facts

Serving Size 1 meatball and
1/2 cup of sauce (150 g)
6 Servings per bag

Amount Per Serving

Calories 218

	% Daily Value*
Total Fat 17.1g	19%
Saturated Fat 8.4g	34%
Trans Fat 0g	
Cholesterol 55.5mg	15%
Sodium 519mg	19%
Total Carbohydrate 4.5g	1%
Dietary Fiber 1.9g	6%
Sugars 1.8g	
Includes 0g Added Sugar	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 50mg	3%
Iron 2.2mg	8%
Potassium 442mg	9%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300g	300g
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300mg	375mg
Dietary Fiber	25g	30g

INGREDIENTS:

Sauce: Tomatoes, Tomato Paste, Onion, Olive Oil, Garlic, Citric Acid, Pepper, Bay Leaves, and Basil. **Meatball:** Ground Beef, Pecorino Romano Cheese (sheep's milk, cheese cultures, salt, enzymes), Powdered Cellulose (to prevent caking), Onion, Breadcrumbs (unbleached wheat flour, sugar, yeast, salt), Whole Eggs, Asiago Cheese (pasteurized part-skim milk, cheese cultures, salt, enzymes), Powdered Cellulose (to prevent caking), Parmesan Cheese (pasteurized milk, cheese cultures, salt, enzymes), Powdered Cellulose (to prevent caking), Parsley, Black pepper, Salt.

CONTAINS: EGGS, MILK AND WHEAT

TURKEY MEATBALL

Nutrition Facts

Serving Size 1 meatball and
1/2 cup of sauce (150g)
6 Servings per bag

Amount Per Serving

Calories 189

	% Daily Value*
Total Fat 9g	9%
Saturated Fat 3.4g	15%
Trans Fat 0g	
Cholesterol 42mg	12%
Sodium 439mg	18%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	2%
Sugars 2g	
Protein 15g	
Vitamin D 0mcg	0%
Calcium 94mg	2%
Iron 0.9mg	3%
Potassium 460mg	2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300g	300g
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300mg	375mg
Dietary Fiber	25g	30g

INGREDIENTS:

Sauce: Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Pepper, Bay Leaves and Basil. **Meatball:** Ground Turkey, Pecorino Romano Cheese (sheep's milk, cheese cultures, salt, enzymes), Powdered Cellulose (to prevent caking), Onions, Breadcrumbs (unbleached wheat flour, sugar, yeast, salt), Whole Eggs, Parmesan Cheese (pasteurized milk, cheese cultures, salt, enzymes), Powdered Cellulose (to prevent caking), Asiago Cheese (pasteurized part-skim milk, cheese cultures, salt, enzymes), Powdered Cellulose (to prevent caking), Parsley, Black Pepper, Salt.

CONTAINS: EGGS, MILK AND WHEAT

ITALIAN SAUCE

Nutrition Facts

Serving Size 2 oz
Servings Per Bag 8

Amount Per Serving

Calories 35

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Sugars 3g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 3200mg	6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300g	300g
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300mg	375mg
Dietary Fiber	25g	30g

INGREDIENTS:

Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Pepper, Bay Leaves and Basil

BOLOGNESE SAUCE

Nutrition Facts

4 servings per container
Serving size 4 oz (113g)

Amount per serving

Calories 90

	% Daily Value*
Total Fat 4g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 350mg	15%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.3mg	8%
Potassium 370mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Tomato Sauce (Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Pepper, Bay Leaves and Basil), Ground Beef, Ground Pork, Onions, Carrot, Parsley, Garlic, Salt, Basil.

Package Net Weight: 96 oz. (6.0 lbs.)

M90127

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